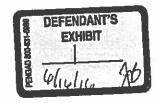


Ruddell, Ryan A.

	Current	:	31-60	61-90	Over 90	Total	Charges:	137.00			Debit Adjs:	119.6
Ins D	ntunce: 0.00		0.00	0.00	0.00	0.00	Pt. Pmts:	137,00	Ins. Pmts:	98.12	Svc. Chgs:	0.0
100	nlance: 0.00		0.00	0.00	0.00	0.00	Pt. WOs:	0.00	Ins. WOs:	21.55		
Ba	olance: 0.00		0.00	0.00	0.00	0.00	Pt. Cred. Adjs:	0.00	Ins. Cred. Adjs:	0.00	Unapplied:	0,0
Line	Link Date	Туре	Provider	Reference	Description			Status	Amount	Pending	Remaining	Balance
3	0 07/24/2008	DA	KERRI	1	REFUND - Ref	und of pays	nentck #5673	Complete	119.67		0.00	0.00
2	9 07/24/2008	PAP		1	CC - Credit Ca	rd			(35.00)			
3	14 07/24/2008	PAP	į.		C - Cash				(52.00)			
4	23 07/24/2008	PAP	i		C - Cash				(32,67)			
5	0 07/23/2008	two		7/2-7/7	I - Insurance V	Vrlte-Off			(7.70)			(119.57)
6	0 07/23/2008	IWO	1	7/2-7/7	I - Insurance V	Vrite-Off			(6.15)			[111.97]
7	0 07/23/2008	IWO	1	7/2-7/7	(I - Insurance V	Vrite-Off			(7.70)			(105.82)
8	0 07/23/2008	IP	İ	7/2-7/7	.IN - Insurance	Payment			(98.12)			(98.12)
9	0.07/07/2008	PP	1		CC - Credit Car	rd			(35.00)			0.00
10	0 07/07/2008	c	KERR1	98941	Chiropractic n	nanipulation	; spinal; 3-4 regi	Complete	35.00		0.00	35.00
11	23 07/23/2008	PAP	F.	1	'C - Cash		-		(4.10)			
12	5;07/23/2008	IAWO	i	7/2-7/7	(- Insurance V	/rite-Off		150	(7.70)			
13	8 07/23/2008	JAP	į.	7/2-7/7	IN - Insurance	Payment			(23.20)			
14	0 07/03/2008	PР	0		C - Cash		-		(52.00)			0.00
15	0 07/03/2008	C	KERR1	97014	Electric stimul	ation therap	Υ	Complete	17.00		0.00	52.00
16	23 07/23/2008	PAP		F.	C - Cash				(1.63)			
17	6 07/23/2008	IAWO	1	7/2-7/7	I - Insurance W	/rite-Off		71	(6.15)			
18	8,07/23/2008	IAP	1	7/2-7/7	IN - Insurance	Payment		,	(9.22)			
19	0 07/03/2008	C	KERR1	98941	Chiropractic m	nanipulation	; spinal; 3-4 regi	Complete	35.00		0.00	35.00
20	23 07/23/2008	PAP	F.		C - Cash				(4.10)		-	-
21	7107/23/2008	IAWO	10	7/2-7/7	I - Insurance W	/rite-Off			(7.70)			
22	8 07/23/2008	IAP	7	7/2-7/7	IN - Insurance	Payment			(23.20)	-		
23	0:07/02/2008	PP			C - Cash				(50.00)			0.00
24	0 07/02/2008	C	KERR1	99202-25	Office/outpati	ent visit; nev	v; 20 minutes	Complete	50.00	200	0.00	50.00
25	23 07/23/2008	PAP			C - Cash	-		F 1	(7.50)			20.04
26	8 07/23/2008	IAP		7/2-7/7	IN - Insurance	Pavment			(42.50)			

Pt Code	Name		-	ls Haft	Date of	Birth	Age Gende	r	ins. Balance	Pt. Balance	Balance
010995	Ruddell, Ryan A.			Yes		09/10/1981		34 Male		0.00	0.00
	Family Totals				!				0.00	0.00	0.0
<ali incider<="" th=""><th>10</th><th></th><th></th><th></th><th><u> </u></th><th></th><th></th><th></th><th></th><th></th><th></th></ali>	10				<u> </u>						
	Current	31-60	61-90	Over SD,	Total	Charges:	137.00			Debit Adjs:	119.6
ins Balance		0.00	61-90 0.00	0.00	Total 0.00	Charges: Pt. Pmts:	137.00 137.00	Ins. Pmts:	98.12	Debit Adjs: 5vc. Chgs:	
ins Balance Pt. Balance	e: 0.00	-		8.4		- 13		ins. Pmts: ins. WOs:	98.12 21.55	•	119.6 0.0



IMNETRADW RAD REPORT TO COLD FEED

07020817:36 1 C

W0083417293

ST. MARY'S MEDICAL CENTER IMAGING SERVICES DEPARTMENT 3700 Washington Avenue Evansville, IN 47750

Patient: RUDDELL, RYAN A

DOB: 09/10/81 26Y Sex: M

Location: O/F

O/P

MR#: W00533324 Acct # W0083417293

ORDERING MD: DR MICHELLE KERR

CHK-IN # ORDER CODE DESCRIPTION

1259359 0001

9076 OX LUM SP MIN 4V

Ord Diag: 739.3-SOMAT DYSFUNC LUMBAR REG

DATE OF EXAM: 7/2/08 1726

Five views of the lumbar spine were obtained and the lumbar vertebral body heights are maintained. No evidence of spondylolisthesis or spondylolysis. Intervertebral disc heights are maintained. Mild anterior wedging of Tll, Tl2 and Ll vertebra which may be secondary to Schuermann's disease. Both sacroiliac joint spaces are symmetric in appearance. Nonspecific bowel gas pattern.

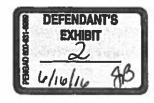
IMPRESSION:

- 1. Mild anterior wedging of T11,T12 and L1 vertebra which may be secondary to Scheuermann's disease.
- 2. No evidence of spondylolysis or spondylolisthesis.

Transcriptionist- STEVE MAKHECHA , D.O., RADIOLOGIST Read By- STEVE MAKHECHA , D.O., RADIOLOGIST Released By- STEVE MAKHECHA , D.O., RADIOLOGIST Released Date Time- 07/02/08 1736

FINAL

07/02/08 17:36



Course Code	Titlo	D-An	Credit	
		Date	Hours	Instructor(s)
MARSSP029	Marine SSM August 2014	100 mm. 10 20 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	*	经验证证明的
MARSTD540	Barge Loading/Unloading Operating Proc.	08/31/14	1.00	
MARSTD230	Boat Camera Usage	08/22/14	0.25	
MARSTD240	Boat Inspections & Audits	08/22/14	0.25	
MARSTD250	Boat Operator Incapacitation	08/22/14	0.25	
MARSTD430	Electronic Device Usage	08/22/14	0.25	
MARSTD340	Integrated Towing	08/22/14	0.25	
MARSTD400	Maintenance Painting Procedure	08/22/14	0.25	
MARSSP028	Marine SSM July 2014	08/22/14	0.25	
MARSTD450	Prescription & Non-Prescription Med	08/22/14	1.00	
MARSTD490	Spill Kit Inventory & Maintenance	08/22/14	0.25	
SAFSWP200	Hazard Recognition Training	08/22/14	0.25	4.5.
SAFGEN100	Safety 1	08/19/14	4.00	John Munoz
OSHPSM103	Hazard Recognition Techniques 101	08/19/14	4.00	John Munoz
EMRMAR100	Man Overboard-Water Rescue & Cold Water	08/18/14	2.00	
OSHSWP170	*WBT Electrical Sfty NonElectric Worker	08/18/14	6.00	Matt Boggs
MARSTD300		07/21/14	0.13	
MARSTD440	Crew Change Process	07/21/14	0.25	
EMRMAR020	Government Boardings - Boats	07/21/14	0.25	
TECMAR080	Abandon Ship Drili Boat Fire Drill	07/10/14	0.50	PADGETT, RAYMOND D.
EMRMAR010	Man Overboard Drill - Vessei	07/10/14	0.50	PADGETT, RAYMOND D.
MARSSP027	Marine SSM June 2014	07/10/14	0.50	PADGETT, RAYMOND D.
MARSSP026	***	07/10/14	1.00	
OSHHAZ030	Marine SSM May 2014	07/10/14	1.00	
SFYGEN051	*WBT Hazwoper Operations Level	05/27/14	0.58	
OSHJSR130	*WBT Responsible Care Awareness *WBT Benzene Awareness	05/27/14	0.12	
OSHSWP200	·	05/15/14	0.50	
EMRMAR070	*WBT Heat-Related Illness Coll/Allision/Sink/Ground/Stat Bill/Fire	05/14/14	0.17	
MARSTD200		05/14/14	0.25	
MARSTD180	Electronic Cigarettes	05/14/14	0.25	
	Facility Access Policy	05/14/14	0.25	
MARSTD020	Facility/Vessel Snow & Ice Removal Plan	05/14/14	0.25	
MARSSP025 DOTSHP230	Marine SSM April 2014	05/14/14	1.00	
	Marine Winches	05/14/14	0.50	
MARSTD190 OSHPPE032	Railroad Crossing Policy	05/14/14	0.25	
	Scott SCBA Maintenance & Operations	05/14/14	0.32	
EMRMAR065	Vessel Shipboard Security Awareness	05/14/14	0.50	
MARSSP024	Marine SSM March 2014	03/31/14	1.00	
EMROPA110	Tier I Team Exercise	03/20/14	0.50	SCOTT, MICHAEL W.
TECMAR080	Boat Fire Drill	03/17/14	0.50	SCOTT, MICHAEL W.
DOTSHP040	*WBT DOT Hazmat Transportation Security	03/14/14	0.32	
MARSSP023	Marine SSM February 2014	03/08/14	1.00	
MARSSP022	Marine SSM January 2014	03/08/14	1.00	8 DEFENDANT'S
MARMED100	Company Physical	01/31/14	2.00	F EARING
OSHWPH130	*WBT Confined Space Awareness	01/29/14	0.10	EXHIBIT
OSHSWP130	*WBT Ladder Safety	01/29/14	0.03	EXHIBIT Solve of the line of

Course			Credit	
Code	Title	Date	Hours	Instructor(s)
स्थि न्य	DIANA (MESEZ)			The Carlotte of the Control
OSHWPH050	*WBT Asbestos Awareness	01/20/14	0.08	
OSHJSR140	*WBT Bloodborne Pathogens	01/20/14	0.02	
OSHWPH070	*WBT Hazard Communication	01/20/14	0.12	
OSHJSR170	*WBT Lead Safety	01/20/14	0.05	
OSHSWP150	*WBT Pinch Point Awareness-TTM	01/20/14	0.05	
EMRFIR130	*WBT Portable Fire Extinguishers	01/20/14	0.58	
OSHPPE010	*WBT PPE Awareness	01/20/14	0.05	
TECMAR080	Boat Fire Drill	01/20/14	0.50	BENDER, DONALD L.
MARSSP021	Marine SSM December 2013	01/20/14	1.00	
EMRMAR025	Sink Collision Allision Grounding Drill	01/20/14	0.50	BENDER, DONALD L.
OSHJSR160	*WBT H2S Awareness	01/16/14	0.07	
MARSSP020	Marine SSM November 2013	01/16/14	1.00	
OSHHAZ020	*WBT Hazwoper Awareness Level	01/14/14	0.13	
OSHPPE040	Half Face 6000 Series	01/14/14	0.18	
OSHPPE035	North Safety Air Purifying Respirator	01/14/14	0.18	
MARSSP019	Marine SSM October 2013	11/24/13	1.00	
MARSSP018	Marine SSM September 2013	10/16/13	1.00	
EMROPA110	Tier I Team Exercise	09/18/13	0.50	SCOTT, MICHAEL W.
TECMAR080	Boat Fire Drill	09/14/13	0.50	SCOTT, MICHAEL W.
MARSSP017	Marine SSM August 2013	09/04/13	0.00	
MARSSP016	Marine SSM July 2013	09/04/13	1.00	
SAFPOL110	Tango H2S Monitor & Docking Station	07/23/13	0.50	DAVIES, PAULA.
EMRMAR203	3rd Quarter Security Drill-Vessel	07/14/13	0.50	SCOTT, MICHAEL W.
TECMAR080	Boat Fire Drill	07/14/13	0.50	SCOTT, MICHAEL W.
OSHGEN060	*WBT Back Safety Awareness	07/13/13	0.08	
OSHJSR130	*WBT Benzene Awareness	07/13/13	0.33	
OSHHAZ030	*WBT Hazwoper Operations Level	07/13/13	1.55	
SFYGEN051	*WBT Responsible Care Awareness	07/13/13	0.03	
OSHWPH080	*WBT Slips, Trips & Falls	07/13/13	0.05	
OSHWPH090	*WBT Static Electricity	07/13/13	0.07	
MARSTD020	Facility/Vessel Snow & Ice Removal Plan	07/13/13	0.25	
MARSWP070	Safe Line Handling	07/13/13	0.50	
OSHPPE032	Scott SCBA Maintenance & Operations	07/13/13	0.32	
EMRMAR065	Vessel Shipboard Security Awareness	07/13/13	0.50	
SFYGEN400	*WBT Safe Driver Training	07/11/13	0.20	
TECMAR240	ERL 40 Ton Winch	07/11/13	0.08	
MTXMOC312	Safe Driver Sulte	07/11/13	0.00	
MARSSP015	Marine SSM June 2013	07/09/13	1.00	
MARSSP014	Marine SSM May 2013	07/09/13	1.00	
ENVWST110	VGP NPDES Checklist Revisions 2013	07/09/13	0.50	
ENVWST100	Waste Mgt Plan Revisions 2013	07/09/13	0.25	
TECMAR125	Tank Barge 101 Training	06/27/13	24.00	SALYER JR, TOM G.
EMRFIR040	Tank Barge Fire Fighting	06/20/13	16.00	Jim Burke
TECMAR160	Tank Barge Dangerous Liquids	06/18/13	32.00	Jim Burke
MARSSP013	Marine SSM April 2013	06/03/13	0.50	

Course			0	
Code	Title	Date	Credit Hours	instructor(s)
וּתְשְׁסִוֹּסִים	RYCKIAL (PZEREZ)			200.0
MARSSP012		03/30/13	0.50	
OSHWPH070	*WBT Hazard Communication	03/26/13	0.43	
EMRFIR130	*WBT Portable Fire Extinguishers	03/26/13		
OSHWPH050		03/22/13	0.32	
OSHJSR140	*WBT Bloodborne Pathogens	03/22/13	0.18	
OSHJSR160	*WBT H2S Awareness	03/22/13	80.0	
OSHSWP150	*WBT Pinch Point Awareness-TTM	03/22/13	0.27	
OSHPPE010	*WBT PPE Awareness	03/22/13	0.13	
OSHSWP120		03/21/13	0.13	
HRDPOL122	*WBT Marathon Workplace Harassment	03/20/13	0.23	
MARSSP011	Marine SSM February 2013	03/20/13	0.07	
EMRFIR125	Marine Fire School	03/14/13	0.50	
EMRMAR020	Abandon Ship Drill		4.00	
EMRMAR201	1st Quarter Security Drill-Vessel	02/14/13	0.50	SCOTT, MICHAEL W.
TECMAR080	Boat Fire Drill	02/09/13	0.50	SCOTT, MICHAEL W.
OSHHAZ020	*WBT Hazwoper Awareness Level	02/09/13	0.50	SCOTT, MICHAEL W.
OSHPPE040	Haif Face 6000 Series	01/31/13	0.13	
OSHPPE035	North Safety Air Purifying Respirator	01/31/13	0.18	
MARSSP009	Marine SSM December 2012	01/31/13	0.18	
MARSSP010	Marine SSM January 2013	01/24/13	0.50	
EMRMAR020	Abandon Ship Drill	01/24/13	0.50	
EMRMAR065	Vessel Shipboard Security Awareness	12/23/12	0.50	OAKLEY, CHRISTOPHER M.
MARSSP008	Marine SSM November 2012	12/23/12	0.50	
CMPOPS110	MOCR Awareness-Marine	11/29/12	0.50	
OSHPPE032		11/29/12	0.25	
ENVWST080	Scott SCBA Maintenance & Operations Boat Waste Handling	11/29/12	0.32	
OSHHAZ040		11/27/12	0.50	LEMAY, JOHN M.
OSHGEN060	Hazwoper Technician Level Initial	11/14/12	24.00	Vance, Gary
OSHSWP170	*WBT Back Safety Awareness	10/19/12	0.13	
OSHWPH080	*WBT Electrical Sity NonElectric Worker	10/19/12	0.17	
OSHWPH090	*WBT Slips, Trips & Falls	10/19/12	0.13	
MARSSP005	*WBT Static Electricity	10/19/12	0.17	
	Marine SSM August 2012	10/18/12	0.50	
MARSSP007	Marine SSM October 2012	10/18/12	0.50	
MARSSP006	Marine SSM September 2012	10/18/12	0.50	
OSHJSR130	*WBT Benzene Awareness	10/10/12	0.35	
OSHHAZ030	*WBT Hazwoper Operations Level	10/10/12	1.03	
MARSSP004	Marine SSM July 2012	10/10/12	0.50	
MARSSP003	Marine SSM June 2012	10/10/12	0.50	
EMROPA160	Qualifying Incident - Release Response	08/20/12	2.00	
EMRMAR020	Abandon Ship Drill	06/25/12	0.50	WAUGH, ROBERT W.
TECMAR080	Boat Fire Drill	06/25/12	0.50	WAUGH, ROBERT W.
EMRMAR070	Coll/Allision/Sink/Ground/Stat Bill/Fire	06/17/12	0.25	WAUGH, ROBERT W.
EMRFIR130	*WBT Portable Fire Extinguishers	06/15/12	0.45	
EMRMAR010	Man Overboard Drill - Vessel	06/12/12	0.50	WAUGH, ROBERT W.
MARSSP001	Marine SSM April 2012	06/11/12	0.50	THE TOTAL PROPERTY.
			2.30	

		VII Dates		
Course Code	Title		Credit	
		Date PART TO CONTROL OF	Hours	Instructor(s)
MARSSP002		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		
DOTSHP230	Marine SSM May 2012	06/11/12	0.50	
	Marine Winches	06/10/12	1.00	
OSHWPH050		06/07/12	0.30	
OSHJSR140	*WBT Bloodborne Pathogens	06/07/12	0.03	
OSHJSR160	*WBT H2S Awareness	05/07/12	0.08	
OSHWPH070		06/07/12	0.03	
OSHSWP150	*WBT Pinch Point Awareness-TTM	06/07/12	0.07	
OSHPPE010 HRDPOL123	*WBT PPE Awareness	06/07/12	0.07	
	*WBT Workplace Violence Corporate Policy	06/07/12	0.07	
EMRMAR100	Man Overboard-Water Rescue & Cold Water	06/05/12	8.00	McCalley, Eastham & Associats
MARSAF130	AWARE Observer Training	06/04/12	8.00	MANNON, PAUL J.
MARSAF120	Marine Ergonomics Best Practices	06/04/12	1.00	HAMILTON, DAVID W.
EMROPA110	Tier / Team Exercise	04/30/12	0.50	WAUGH, ROBERT W.
EMRMAR202	2nd Quarter Security Drill-Vessel	04/29/12	0.50	WAUGH, ROBERT W.
EMROPA170	Announced Boom Deployment Exercise	04/29/12	0.50	WAUGH, ROBERT W.
TECMAR080	Boat Fire Drill	04/28/12	0.50	WAUGH, ROBERT W.
OSHHAZ020	*WBT Hazwoper Awareness Level	04/13/12	0.68	, , , , ,
OSHSWP200	*WBT Heat-Related Illness	04/12/12	0.08	
OSHJSR170	*WBT Lead Safety	04/12/12	0.10	
OSHPPE040	Half Face 6000 Series	04/12/12	0.18	
OSHPPE035	North Safety Air Purifying Respirator	04/12/12	0.18	
SAFPOL100	H2S Monitor Training	03/28/12	0.50	Davies, Paul PERDUE, KRISTOPHER S.
EMRMAR201	1st Quarter Security Drill-Vessel	03/12/12	0.50	
TECMAR080	Boat Fire Dritt	03/12/12	0.50	WAUGH, ROBERT W.
EMRMAR115	Minutes to Live	02/15/12	0.50	,
MARSWP070	Safe Line Handling	02/15/12	0.50	
EMRMAR065	Vessel Shipboard Security Awareness	02/15/12	0.50	
DSHGEN060	*WBT Back Safety Awareness	11/28/11	0.08	
OSHWPH080	*WBT Slips, Trips & Falls	11/28/11	0.08	
OSHWPH090	*WBT Static Electricity	11/28/11	0.12	
SHSWP227	Life Critical Skills Post Class Eval	10/03/11	1.00	
DSHJSR130	*WBT Benzene Awareness	09/21/11	0.47	
OSHHAZ030	*WBT Hazwoper Operations Level	09/08/11	0.65	
ECMAR090	Zodiac Motor Boat Handling	08/01/11	4.00	BOYD, CHRISTOPHER
MRFIR130	*WBT Portable Fire Extinguishers	07/19/11	0.48	or of the contract of the cont
SHWPH050	*WBT Asbestos Awareness	07/16/11	0.13	
SHJSR140	*WBT Bloodborne Pathogens	07/16/11	0.08	
SHJSR160	*WBT H2S Awareness	07/16/11	0.25	
SHWPH070	*WBT Hazard Communication	07/16/11	0.07	
SHSWP150	*WBT Pinch Point Awareness-TTM	07/16/11	0.08	
SHPPE010	*WBT PPE Awareness	07/16/11	0.08	
MROPA110	Tier I Team Exercise	06/13/11	0.50	
MRMAR020	Abandon Ship Drill	06/08/11		
ECMAR080	Boat Fire Drill	06/08/11	0.50	ENI OM THOMAS E
SHSWP120	*WBT Fall Protection	05/30/11		ENLOW, THOMAS E.
		U0/3U/11	0.30	

Course			Credit	
Code	Title	Date	Hours	Instructor(s)
RVIDDELLE	RANA (Medel)	in a state of the		
DOTSHP040	*WBT DOT Hazmat Transportation Security	05/20/11	0.07	The second second second
OSHHAZ020	*WBT Hazwoper Awareness Level	05/20/11	0.42	
OSHPPE040	Half Face 6000 Series	05/20/11	0.18	
OSHPPE035	North Safety Air Purifying Respirator	05/20/11	0.18	
OSHWPH130	*WBT Confined Space Awareness	04/18/11	0.20	
OSHSWP130	*WBT Ladder Safety	04/18/11	0.05	
EMROPA170	Announced Boom Deployment Exercise	04/16/11	0.50	
EMROPA110	Tier I Team Exercise	04/16/11	0.50	
TECMAR080	Boat Fire Drill	03/27/11	0.50	HUTCHISON JR, WILLIAM R.
OSHSWP225	Life Critical Skills Pre-work Marine	03/25/11	4.00	
OSHSWP226	Life Critical Skills Initial Class	03/21/11	8.00	BAILEY, STEPHEN R. CLIFTON, DERRICK M. SHAW, RANDY A.
OSHSWP300	T&L Work Permit Training	03/21/11	4.00	BAILEY, STEPHEN R. CLIFTON, DERRICK M. SHAW, RANDY A.
EMRMAR010	Man Overboard Drill - Vessel	02/14/11	0.33	SALYER JR, TOM G. SPENCER, FRANK E.
EMRMAR065	Vessel Shipboard Security Awareness	02/13/11	0.50	SPENCER, FRANK E.
EMRMAR020	Abandon Ship Drill	02/02/11	0.33	HUTCHISON JR, WILLIAM R.
ENVWST090	Condensed Waste Management for Towboats	01/25/11	0.50	FRITZ, BILLY T.
OSHGEN060	*WBT Back Safety Awareness	12/09/10	0.08	,
OSHSWP170	*WBT Electrical Sfty NonElectric Worker	12/09/10	0.12	
OSHWPH080	*WBT Slips, Trips & Falls	12/09/10	0.08	
OSHWPH090	*WBT Static Electricity	12/09/10	0.08	
TECMAR080	Boat Fire Drill	12/04/10	0.50	SULLIVAN, STEVEN R.
EMROPA120	Tier II Team Exercises	10/30/10	2.00	PARKER, WAYNE A.
TECMAR080	Boat Fire Drill	10/20/10	0.50	SULLIVAN, STEVEN R.
HRDPOL03V	Ethics Training 2010/2011 Facilitated	10/14/10	1.00	SULLIVAN, STEVEN R.
CMPOPS040	Document Portal Awareness Training	10/08/10	0.33	
OSHSWP302	T&L Work Permit Awareness	10/08/10	2.00	
EMRMAR204	4th Quarter Security Drill-Vessel	10/07/10	1.00	SULLIVAN, STEVEN R.
EMRMAR150	Annual Security Exercise-Vessel	10/07/10	1.00	SULLIVAN, STEVEN R.
EMRMAR020	Abandon Ship Drill	09/05/10	0.33	DUMBAUGH, AARON C.
TECMAR080	Boat Fire Drill	09/01/10	0.50	PARKER, WAYNE A.
CMPAPP600	The Power of i - Employee Edition	08/30/10	0.75	
OSHJSR130	*WBT Benzene Awareness	08/26/10	0.53	
OSHHAZ030	*WBT Hazwoper Operations Level	08/26/10	0.92	
EMRFIR130	*WBT Portable Fire Extinguishers	08/26/10	0.32	
SFYGEN400	*WBT Safe Driver Training	08/26/10	0.08	
MTXMOC312	Safe Driver Suite	08/26/10	0.00	
OSHWPH050	*WBT Asbestos Awareness	08/25/10	0.13	
OSHJSR140	*WBT Bloodborne Pathogens	08/25/10	0.08	
OSHJSR160	*WBT H2S Awareness	08/25/10	0.17	
OSHWPH070	*WBT Hazard Communication	08/25/10	0.08	
OSHSWP150	*WBT Pinch Point Awareness-TTM	08/25/10	0.10	

Course				
Code	Title	Date	Credit Hours	Instructor(s)
RUDDELL	BYANA (779892)			
OSHPPE010	*WBT PPE Awareness	08/25/10	0.07	er transportunitier begeget transfer fan it de je perforent felde i sûtsteat hertel bet
EMRMAR203	3rd Quarter Security Drill-Vessel	08/19/10	1.00	DUMBAUGH, AARON C.
EMROPA110	Tier I Team Exercise	08/19/10	1.00	DUMBAUGH, AARON C.
HRDPOL088	Diversity Skills & Awareness for Employe	08/10/10	1.50	DAVIES, MEGAN N.
EMRMAR100	Man Overboard-Water Rescue & Cold Water	08/10/10	8.00	McCalley, Eastham & Associats
SAFGEN100	Safety 1	08/09/10	8.00	Paul Sovinsky
EMRMAR202	2nd Quarter Security Drill-Vessel	06/10/10	0.25	SMITH, THOMAS E.
EMRMAR070	Coll/Allision/Sink/Ground/Stat Bill/Fire	06/10/10	0.25	SMITH, THOMAS E.
OSHPPE040	Half Face 6000 Series	06/10/10	0.25	The state of the s
DOTSHP230	Marine Winches	06/10/10	0.50	SMITH, THOMAS E.
EMROPA110	Tier I Team Exercise	06/10/10	0.25	SMITH, THOMAS E.
TECMAR080	Boat Fire Drill	06/08/10	0.25	SMITH, THOMAS E.
ENVWST080	Boat Waste Handling	05/29/10	0.25	SMITH, THOMAS E.
DSHPPE035	North Safety Air Purifying Respirator	05/29/10	0.25	SMITH, THOMAS E.
OSHSWP200	*WBT Heat-Related Illness	05/28/10	0.13	SMITH, INDIMAS E.
OSHJSR170	*WBT Lead Safety	05/28/10	0.15	
ECMAR070	Cold Water Survival	05/26/10	0.15	SMITH THOMAS H
MRMAR065	Vessel Shipboard Security Awareness	05/26/10	0.25	SMITH, THOMAS E.
SHSWP041	*WBT Electrical Sity Non-Electrical Wrkr	05/17/10	0.23	SMITH, THOMAS E.
SHHAZ020	*WBT Hazwoper Awareness Level	05/17/10	2.48	
MROPA110	Tier I Team Exercise	04/16/10	0.41	DVAN DIARCUTE
MRMAR020	Abandon Ship Drill	04/09/10		RYAN, DWIGHT D.
ECMAR080	Boat Fire Drill	04/09/10	0.33	RYAN, DWIGHT D.
MRMAR202	2nd Quarter Security Drill-Vessel	04/04/10	0.33	RYAN, DWIGHT D.
MRMAR201	1st Quarter Security Drill-Vessel	03/31/10	0.50	RYAN, DWIGHT D.
MRMAR150	Annual Security Exercise-Vessel	03/31/10	0.50	
MRMAR085	Vessel Security - MARSEC Levels		0.50	AMPERANTAL
MPOPS110	MOCR Awareness-Marine	03/31/10	0.50	ANDERSON, CHRISTOPHER W
MRMAR201	1st Quarter Security Drill-Vessel	02/22/10	0.25	RYAN, DWIGHT D.
ECMAR080	Boat Fire Drill	02/14/10	1.00	RYAN, DWIGHT D.
MRMAR010	Man Overboard Drill - Vessel	02/14/10	0.50	RYAN, DWIGHT D.
MROPA110	Tier I Team Exercise	02/14/10	0.33	RYAN, DWIGHT D.
NVWTR085	NPDES Inspection Sheets	02/14/10	1.00	
MRFIR055	K-Guard Extinguisher	02/01/10	0.50	
MRMAR150	Annual Security Exercise-Vessel	01/27/10	0.16	DAHMER, PAUL J.
CMAR080	Boat Fire Drill	12/22/09	1.00	RYAN, DWIGHT D.
CMAR070	Cold Water Survival	12/17/09	0.33	RYAN, DWIGHT D.
ARMAR020	Abandon Ship Drill	11/02/09	0.33	
RDPOL03R	•	10/28/09	0.50	RYAN, DWIGHT D.
/RMAR010	Live the Code (Part II) - Classroom	10/28/09	0.50	
	Man Overboard Drill - Vessel	10/28/09	0.50	RYAN, DWIGHT D.
MRMAR135 MRMAR085	Quarterly Security Drill-Vessel	10/28/09	0.50	RYAN, DWIGHT D.
-	Vessel Security - MARSEC Levels	10/28/09	0.50	RYAN, DWIGHT D.
IRMAR065	Vessel Shipboard Security Awareness	10/28/09	0.50	RYAN, DWIGHT D.
IROPA170	Announced Boom Deployment Exercise	10/24/09	1.00	RYAN, DWIGHT D.
CMAR080	Boat Fire Drill	10/19/09	0.50	RYAN, DWIGHT D.
IRMAR135	Quarterly Security Drill-Vessel	10/11/09	1.00	

•				
Code Contze	Title		Credit	
		Date	Hours	Instructor(s)
IVABREEC	ROZDOZA ((TVEEEEZ)			等。 14. 14. 14. 14. 14. 14. 14. 14. 14. 14.
EMROPA170	Announced Boom Deployment Exercise	10/00/00		MATHIS, JAMES M.
TECMAR080	Boat Fire Drill	10/08/09	0.25	MATHIS, JAMES M.
EMROPA110	Tier I Team Exercise	10/08/09	0.25	MATHIS, JAMES M.
TECMAR080	Boat Fire Drill	10/08/09	0.25	MATHIS, JAMES M.
EMRMAR135		09/01/09	0.50	CLAY, KOREY S.
EMROPA110	Quarterly Security Drill-Vessel Tier I Team Exercise	08/31/09	0.50	CLAY, KOREY S.
TECMAR080	Boat Fire Drill	08/28/09	2.00	CLAY, KOREY S.
HRDPOL03M		07/02/09	0.50	RYAN, DWIGHT D.
EMRMAR135	*WBT - Live the Code (Part I)	06/27/09	0.33	
OSHGEN060	Quarterly Security Drill-Vessel	06/26/09	1.00	RYAN, DWIGHT D.
	*WBT Back Safety Awareness	06/18/09	0.28	
OSHSWP120	*WBT Fall Protection	06/18/09	0.23	
OSHWPH080	*WBT Slips, Trips & Falls	06/18/09	0.33	
OSHWPH090	*WBT Static Electricity	06/18/09	0.72	
HRDPOL123	*WBT Workplace Violence Corporate Policy	06/18/09	0.10	
SAFGEN050	T&L Safety Vision, Principles Commitment	06/18/09	1.50	EARL, DAVID A.
HRDPOL03M	*WBT - Live the Code (Part I)	06/17/09	0.42	
OSHWPH050	*WBT Asbestos Awareness	08/17/09	0.17	
OSHJSR130	*WBT Benzene Awareness	06/17/09	0.35	
OSHJSR140	*WBT Bloodborne Pathogens	06/17/09	0.30	
OSHJSR160	*WBT H2S Awareness	06/17/09	0.12	
OSHWPH070	*WBT Hazard Communication	06/17/09	0.15	
DSHHAZ030	*WBT Hazwoper Operations Level	06/17/09	0.58	
OSHSWP150	*WBT Pinch Point Awareness-TTM	06/17/09	0.05	
EMRFIR130	*WBT Portable Fire Extinguishers	06/17/09	0.22	
SHPPE010	*WBT PPE Awareness	06/17/09	0.07	
SHPPE040	Half Face 6000 Series	06/17/09	0.18	
SHPPE035	North Safety Air Purifying Respirator	06/17/09	0.18	
ECMAR080	Boat Fire Drill	05/18/09	0.18	DEDDY MALE MARK
MRMAR020	Abandon Ship Drill	05/07/09		PERRY, WILLIAM K.
MRMAR010	Man Overboard Drill - Vessel	05/07/09	0.25	RYAN, DWIGHT D.
MRMAR135	Quarterly Security Drill-Vessel		0.25	RYAN, DWIGHT D.
MRMAR020	Abandon Ship Drill	03/15/09	1.00	BAYS, JASON O.
MRMAR010	Man Overboard Drill - Vessel	03/06/09	0.25	RYAN, DWIGHT D.
ECMAR080	Boat Fire Drill	03/06/09	0.25	RYAN, DWIGHT D.
NVWTR085	NPDES Inspection Sheets	03/02/09	0.50	RYAN, DWIGHT D.
SPHES013	SSP Hazard Recognition Phase 2 - Marine	02/25/09	0.50	FRITZ, BILLY T.
01 1120010	OOF Hazard Necognition Priese 2 - Manne	02/24/09	2.00	BAILEY, STEPHEN R.
				CASTO, ROBERT I.
SHSWP300	T&L Work Permit Training	03/04/00		GREENHILL, JEFFREY C.
	The Professional Housing	02/24/09	4.50	BAILEY, STEPHEN R.
				CASTO, ROBERT I.
MRMAR135	Quarterly Security Drill-Vessel	07/04/00	4	GREENHILL, JEFFREY C.
SHSWP080	*WBT Hand & Power Tool Safety	02/01/09	1.00	RYAN, DWIGHT D.
MRMAR020	•	01/12/09	0.50	KISER, CHRISTOPHER D.
ARMAR150	Abandon Ship Drill	11/29/08	0.25	ALDREDGE, HUGH C.
	Annual Security Exercise-Vessel	11/29/08	1.00	ALDREDGE, HUGH C.
CMAR080	Boat Fire Drill	11/29/08	0.41	

Course

VTA Training Summary Report

Contee			Credit	
Code	Title	Date	Hours	Instructor(s)
KADDETT	EYAYIA 1775EPZ)			
-				ALDREDGE, HUGH C.
TECMAR070	Cold Water Survival	11/29/08	0.25	ALDREDGE, HUGH C.
EMRMAR085		11/28/08	0.25	
EMRMAR135		11/24/08	1.00	ALDREDGE, HUGH C.
EMRMAR150		11/19/08	0.50	ALDREDGE, HUGH C.
EMRMAR135		11/19/08	0.50	ALDREDGE, HUGH C.
EMRMAR085	Vessel Security - MARSEC Levels	11/19/08	0.50	
EMRMAR065	Vessel Shipboard Security Awareness	11/19/08	0.50	
EMRMAR070	Coll/Allision/Sink/Ground/Stat Bill/Fire	11/18/08	0.25	WRIGHT, MARK J.
TECMEC125	H2S Monitor Training	10/08/08	1.00	WHITE, RUSSELL J.
OSHPPE050	PPE Awareness MOP M-26	10/08/08	0.50	WHITE, RUSSELL J.
EMROPA110	Tier ! Team Exercise	10/08/08	0.50	MCCRAY, PAUL
EMRMAR015	Vessel Security Plan	10/0B/08	0.75	MCCRAY, PAUL
EMRMAR010	Man Overboard Drill - Vessel	09/26/08	0.25	MCCRAY, PAUL
EMRMAR135	Quarterly Security Drill-Vessel	09/18/08	1.00	MCCRAY, PAUL
EMRMAR020	Abandon Ship Drill	09/12/08	0.75	MCCRAY, PAUL
OSHPSM010	Hazard Recognition Awareness	07/13/08	0.66	DAVIS, BRENT D.
EMRMAR010	Man Overboard Drill - Vessel	05/22/08	0.33	WILLIS, GEORGE A.
EMRMAR135	Quarterly Security Drill-Vessel	05/22/08	0.50	WILLIS, GEORGE A.
EMRFIR125	Marine Fire School	05/16/08	4.00	Darin DeMattie
SSPEMP002	SSP - Employee Training - Marine	05/16/08	2.00	CASTO, AMANDA D.
OSHSWP172	*WBT Industrial Ergonomics	05/15/08	0.17	The state of the s
OSHSWP150	*WBT Pinch Point Awareness-TTM	05/15/08	0.12	
SAFGEN100	*WBT REPS Behavior Based Safety-Observer	05/15/08	0.25	
OSHPSM010	Hazard Recognition Awareness	05/14/08	0.75	
OSHWPH010	*WBT Access to Medical Records	05/13/08	0.23	
OSHWPH050	*WBT Asbestos Awareness	05/13/08	0.33	CASTO, AMANDA D.
DSHGEN060	*WBT Back Safety Awareness	05/13/08	0.25	CASTO, AMANDA D.
OSHJSR140	*WBT Bloodborne Pathogens	05/13/08	0.50	CASTO, AMANDA D.
OOTSHP040	*WBT DOT Hazmat Transportation Security	05/13/08	0.05	ONO TO, AMANDA D.
OSHSWP041	*WBT Electrical Sfty Non-Electrical Wrkr	05/13/08	0.33	CASTO, AMANDA D.
OSHSWP120	*WBT Fall Protection	05/13/08	0.33	
OSHJSR160	*WBT H2S Awareness	05/13/08	0.41	CASTO, AMANDA D.
OSHSWP080	*WBT Hand & Power Tool Safety	05/13/08	0.41	
SHWPH070	*WBT Hazard Communication	05/13/08		CASTO AMANDA D
OSHHAZ030	*WBT Hazwoper Operations Level	05/13/08	0.75 0.75	CASTO, AMANDA D.
SHSWP200	*WBT Heat-Related Illness	05/13/08		CASTO, AMANDA D.
SHJSR170	*WBT Lead Safety	05/13/08	0.33	CASTO, AMANDA D.
SHWPH070	*WBT Lock OutTag Out Awareness Refresher	05/13/08	0.41	CASTO, AMANDA D.
FYSEC010	*WBT MPC Security Awareness		0.50	0.000
MRFIR130	*WBT Portable Fire Extinguishers	05/13/08	0.33	CASTO, AMANDA D.
SHPPE010	*WBT PPE Awareness	05/13/08	0.52	01070 111117
FYGEN051	*WBT Responsible Care Awareness	05/13/08	0.41	CASTO, AMANDA D.
SHWPH080	*WBT Slips, Trips & Falls	05/13/08	0.05	
SHWPH090		05/13/08	0.25	CASTO, AMANDA D.
	*WBT Static Electricity	05/13/08	0.33	CASTO, AMANDA D.
RDPOL036	2005 Ethics: CBT for Hourly Employees	05/13/08	0.25	

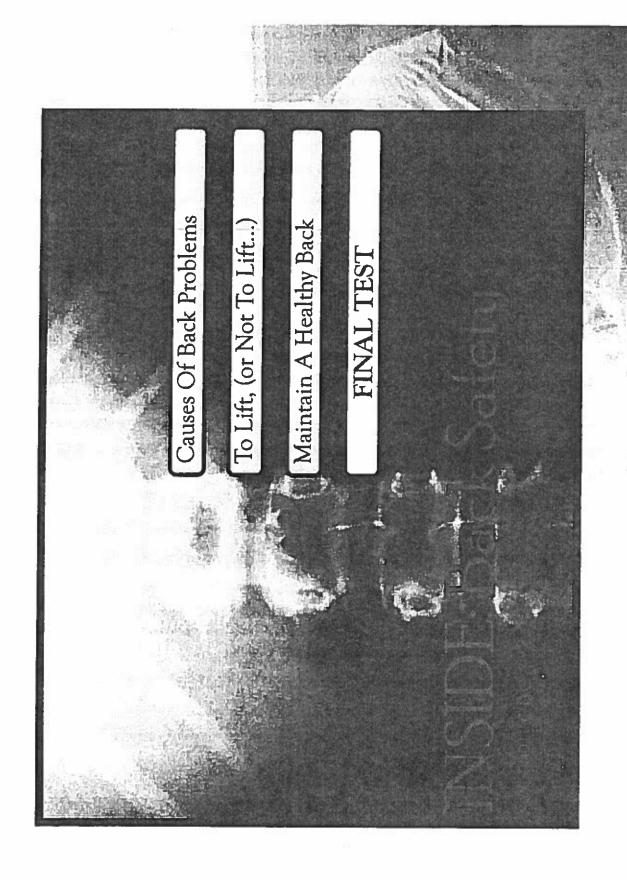
For Single Employee All Dates

Course Code	W**19_		Credit	
	Title	Date	Hours	Instructor(s)
RUDDELLE	RVANIAL (ITTERED)		100	的。由于各种的特殊的。
EMRMAR020	Abandon Ship Drill	05/13/08	0.25	CASTO, AMANDA D.
ENVWST080	Boat Waste Handling	05/13/08	0.16	CASTO, AMANDA D.
TECMAR070	Cold Water Survivat	05/13/08	0.25	CASTO, AMANDA D.
EMRMAR070	Coll/Allision/Sink/Ground/Stat Bill/Fire	05/13/08	0.25	CASTO, AMANDA D.
OSHGEN140	Employee HES&S Responsibilities Stand	05/13/08	0.50	
MARSTD130	Employee HES&S Responsibilities	05/13/08	0.50	
OSHPPE040	Half Face 6000 Series	05/13/08	0.16	CASTO, AMANDA D.
EMRMAR010	Man Overboard Drill - Vessel	05/13/0B	0.25	CASTO, AMANDA D.
MARGEN100	Marine Ergonomics Awareness	05/13/08	0.25	CASTO, AMANDA D.
DOTSHP230	Marine Winches	05/13/08	0.50	CASTO, AMANDA D.
OSHPPE035	North Safety Air Purifying Respirator	05/13/08	0.16	CASTO, AMANDA D.
OSHWPH210	Storage of Flam Liquids & Gas Standard	05/13/08	0.41	
MARSTD090	Storage of Flammable Liquids & Gas	05/13/08	0.50	
OSHMAR100	Terminal Marine Hoses Load Arms Standard	05/13/08	0.50	
EMRMAR085	Vessel Security - MARSEC Levels	05/13/08	0.16	CASTO, AMANDA D.
EMRMAR065	Vessel Shipboard Security Awareness	05/13/08	0.16	CASTO, AMANDA D.
OSHJSR130	*WBT Benzene Awareness	05/12/08	0.38	
OSHWPH130	*WBT Confined Space Awareness	05/12/08	0.32	
HRDPOL082	*WBT Diversity Orientation	05/12/08	0.50	
HRDPOL021	*WBT DOT Drug & Alcohol Policy: Employee	05/12/08	0.52	
OSHWPH020	"WBT Hearing Conservation	05/12/08	0.35	
OSHSWP130	*WBT Ladder Safety	05/12/08	0.18	
HRDPOL122	*WBT Marathon Workplace Harassment	05/12/08	0.07	
HRDPOL03F	Code of Business Conduct Commitment Card	05/12/08	0.00	
OSHWPH190	Portable Ladder Safety Standard	05/12/08	0.50	
LAWGEN200	WebCast: e-Discovery	05/12/08	0.20	
		Total Credit Hours	335.03	

Total Credit Hours All Employees:

335.03





In most work situations, objects that are very heavy are lifted and carried by machines such as forklifts. However, there are times when you may have to lift, adjust, or carry a heavy object.

It is at these times that you run the risk of injuring your back.





Lift Factors:

No matter how big the load is, before you plan or perform your lift, consider these four main factors:

Repetition - how many times will you have to move or lift the load Force - how much energy does it take to move the load Duration - how long are you going to be doing this job Posture - are you using the correct body position

Before You Lift

of the object. Use a careful eye to examine the shape, dimensions, edges, and Take a few moments to "size up the load." Test the weight by lifting a corner contents of a load. If the object is too heavy to lift safely or is an odd shape that obstructs your vision, STOP!

Never lift anything unless you are sure you can do so safely.



Before You Lift

fellow employees help in moving a load without injury. Anyone can get hurt, Get help if needed - no one will think less of you if you ask for mechanical or it takes a smart worker to go home in one piece everyday.

Two or three people lifting a heavy object is much safer than trying to do it yourself.

Before You Lift

handtruck, pushcart, or a mechanical lifting device when it is appropriate. For Select and use the correct tools provided to you. Be safe. Be efficient. Use a manual lifts, consider using gloves that will improve your grip and protect your hands.

Before You Lift

Before you perform the real work, use this checklist to practice a mental lift:

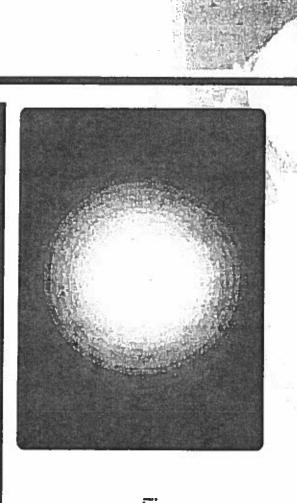
- 1. Size up the load weight and shape.
- 2. Seek help if needed.
- 3. Select the correct lifting aid, or gloves.
- 4. Survey your path.

Lifting the Load

The KEY to lifting safely is keeping your back straight or slightly arched.

NEVER USE YOUR BACK TO LIFT!

1. Place feet close to the object.

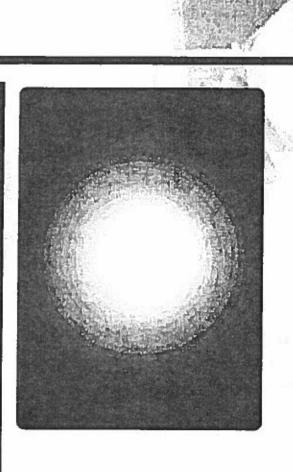


Lifting the Load

The KEY to lifting safely is keeping your back straight or slightly arched.

NEVER USE YOUR BACK TO LIFT!

- 1. Place feet close to the object.
- 2. Center your body over your feet.



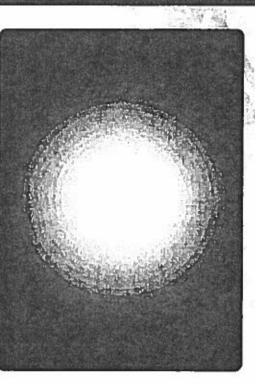
Lifting the Load

keeping your back straight or slightly arched. The KEY to lifting safely is

NEVER USE YOUR BACK TO LIFT!

- 1. Place feet close to the object.
- 2. Center your body over your feet.
- 3. Squat down, bending your knees.





Lifting the Load

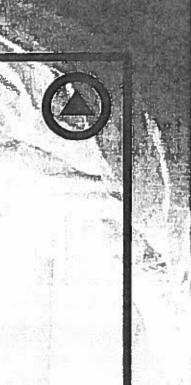
The KEY to lifting safely is keeping your back straight or slightly arched.

NEVER USE YOUR BACK TO LIFT!

- 1. Place feet close to the object.
- 2. Center your body over your feet.
- 3. Squat down, bending your knees.

Keep your back straight or slightly arched, so your legs do the lifting, not your back

4. Grasp the load securely with your hands, and pull the load close to you.



Lifting the Load

The KEY to lifting safely is keeping your back straight or slightly arched.

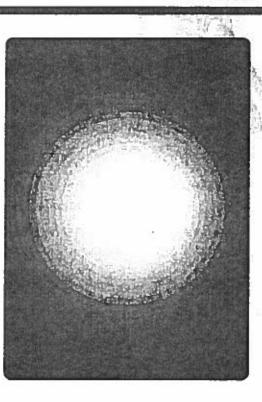
NEVER USE YOUR BACK TO LIFT!

- 1. Place feet close to the object.
- 2. Center your body over your feet.
- 3. Squat down, bending your knees.



- 4. Grasp the load securely with your hands, and pull the load close to you.
- 5. Smoothly lift straight up. Do not jerk.





Lifting the Load

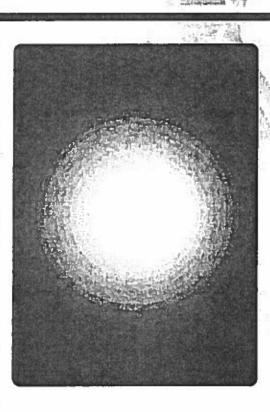
The KEY to lifting safely is keeping your back straight or slightly arched.

NEVER USE YOUR BACK TO LIFT!

- 1. Place feet close to the object.
- 2. Center your body over your feet.
- 3. Squat down, bending your knees.

Keep your back straight or slightly arched, so your legs do the lifting, not your back

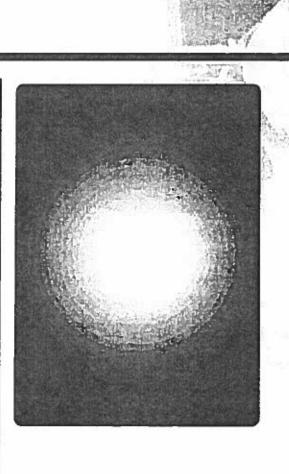
- 4. Grasp the load securely with your hands, and pull the load close to you.
- 5. Smoothly lift straight up. Do not jerk.
- 6. NEVER TWIST YOUR BODY WHILE LIFTING, KEEPING YOUR HEAD UP AS IF LOOKING STRAIGHT AHEAD, NOT DOWN.



Carrying the Load

Exercise the same care moving your load as you did when planning and picking it up. So, as you carry the load:

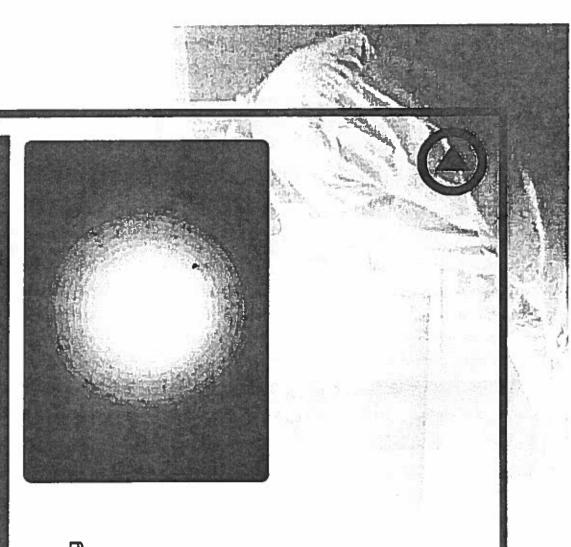
 Keep your back straight or slightly arched.



Carrying the Load

Exercise the same care moving your load as you did when planning and picking it up. So, as you carry the load:

- Keep your back straight or slightly arched.
 - 2. Walk slowly and surely.



Carrying the Load

Exercise the same care moving your load as you did when planning and picking it up. So, as you carry the load:

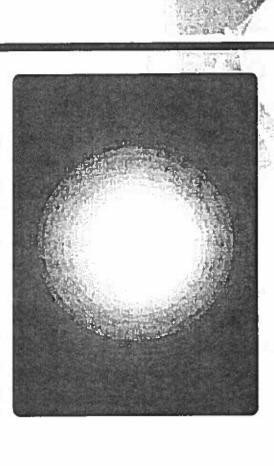
- Keep your back straight or slightly arched.
- 2. Walk slowly and surely.
- 3. Use your feet to change directions. Never twist your back.

Carrying the Load

Exercise the same care moving your load as you did when planning and picking it up. So, as you carry the load:

- Keep your back straight or slightly arched.
- 2. Walk slowly and surely.
- 3. Use your feet to change directions. Never twist your back.
- 4. Avoid leaning over.



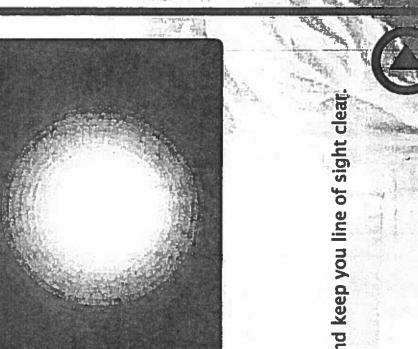


Carrying the Load

Exercise the same care moving your load as you did when planning and picking it up. So, as you carry the load:

- 1. Keep your back straight or slightly arched.
- 2. Walk slowly and surely.
- 3. Use your feet to change directions. Never twist your back.
- 4. Avoid leaning over.
- 5. Avoid lifting a load over your head, and keep you line of sight clear



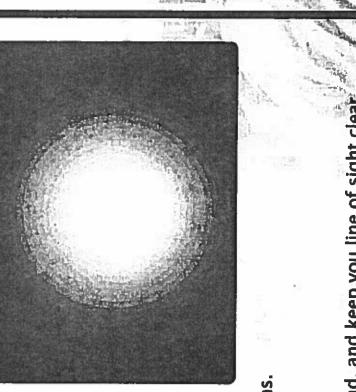


Carrying the Load

Exercise the same care moving your load as you did when planning and picking it up. So, as you carry the load:

- Keep your back straight or slightly arched.
- 2. Walk slowly and surely.
- 3. Use your feet to change directions. Never twist your back.
- 4. Avoid leaning over.
- 5. Avoid lifting a load over your head, and keep you line of sight clear
- 6. If you become tired, set the load down, and rest for a few moments.

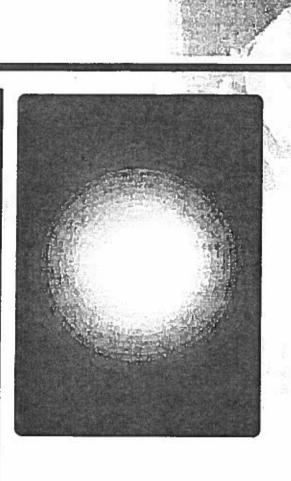






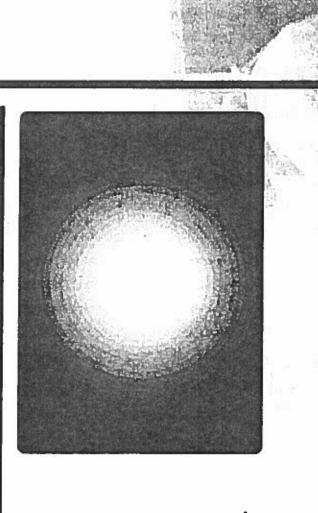
Setting the Load Down
Setting the load down is the reverse of lifting.

 Position yourself where you want to set the load.



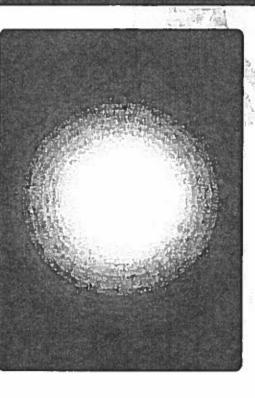
Setting the Load Down Setting the load down is the reverse of lifting.

- Position yourself where you want to set the load.
- 2. Squat down. Let your legs do the work, not your back.



Setting the Load Down
Setting the load down is the reverse of lifting.

- Position yourself where you want to set the load.
- 2. Squat down. Let your legs do the work, not your back.
- YOUR BODY WHILE SETTING DOWN A LOAD, AND KEEP YOUR HEAD UP 3. REMEMBER NOT TO TWIST



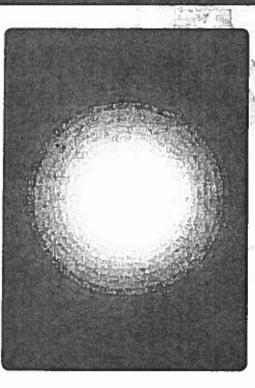
Setting the Load Down
Setting the load down is the reverse of lifting.

- Position yourself where you want to set the load.
- 2. Squat down. Let your legs do the work, not your back.
- 3. REMEMBER NOT TO TWIST

YOUR BODY WHILE SETTING DOWN A LOAD, AND KEEP YOUR HEAD UP

release your grip on a load until it is secure. You don't want to 4. Once the load is where you want it, release your grip. Never dropping a load unexpectedly can injure the other person drop a load on your foot. Or, if someone is helping you,





Alternatives to Lifting

Handtrucks and Pushcarts

When using a handtruck or pushcart, remember:



Stay close to the load, try not to lean over, and keep your back straight or slightly arched.



Use tie-down straps, if necessary, to secure the load.

 Avoid stairs and inclines. If you must take a load to another floor, use a freight elevator. Never "horse around" with handtrucks and pushcarts.





Alternatives to Lifting

Forklifts

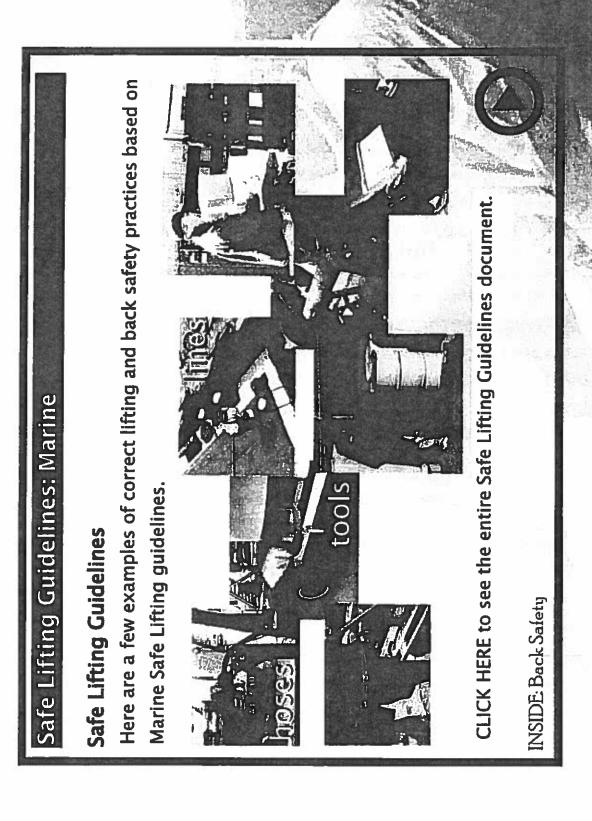
If an object is too heavy to lift or carry with a handtruck or load onto a pushcart, use a forklift.

WARNING: Don't attempt to operate a forklift (Powered Industrial Truck) unless you have taken and passed a Certified Operator training class.





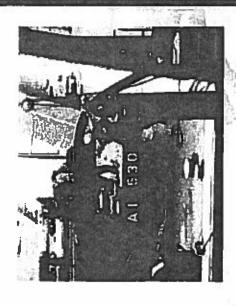




Safe Lifting Guidelines: Marine

HOSES:

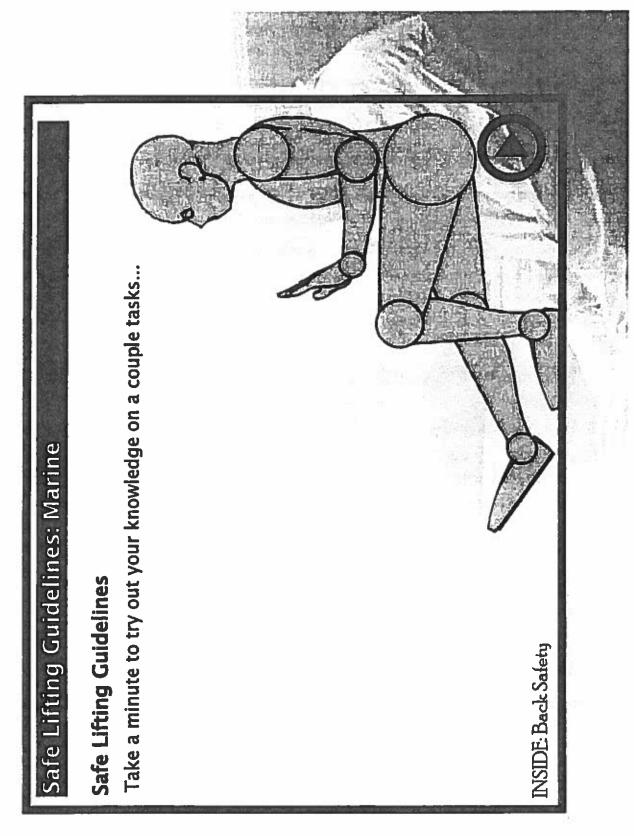
Hose – A minimum of 3 people are required to drag a 6-inch cargo hose into position using the push/pull method. It is recommended to face up the boat as close as possible to the needed position and use hose tongs to drag the cargo hose. If the entire hose has to be lifted and carried, a minimum of 6 people is required.



inch product/water stripping hose. Two people are required when moving a One person can generally drag or lift a 4-inch water stripping hose or a 2-2-inch steam hose, while only I person is required to hook up the hose

INSIDE: Back Safety





Safe Lifting Guidelines: Marine

Summary

Think about what has to be done first

load on your muscles (flexors & extensors), as well as the stress on your spinal column Never bend at the waist - use your legs and bend at the knees. This will lessen the by a factor of 8-10. That means if you lift incorrectly, the 50 pound load you think you're lifting may be placing a 400-500 pound stress on your body. 75% of Back Injuries happen while lifting a load.

Get help if needed.

Don't twist your body while moving the load

Don't attempt to jerk or force a heavy load.

Get close to the load and spread your feet comfortably to give yourself a solid base



Safe Lifting Guidelines: Marine

Summary

Think about what has to be done first

load on your muscles (flexors & extensors), as well as the stress on your spinal column Never bend at the waist - use your legs and bend at the knees. This will lessen the by a factor of 8-10. That means if you lift incorrectly, the 50 pound load you think you're lifting may be placing a 400-500 pound stress on your body. 75% of Back Injuries happen while lifting a load.

Get help if needed.

Don't attempt to jerk or force a heavy load.

Don't twist your body while moving the load

Get close to the load and spread your feet comfortably to give yourself a solid base



Effective: Jul 9, 2012 Next Review: Nov 17, 2017 Revision Number: 0

Marathon Petroleum Company LP

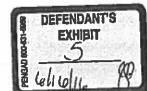
Marine - Safe Lifting for Vessels

Custodian: Marino Safety Supervisor Approved by: Amie Greiner, IESS Managor

Marine - Safe Lifting for Vessels

Overview	
Purpose	The purpose of this document is to provide for minimum lifting requirements, and safe lifting requirements when handling many common objects in Marine operations.
Scope	The scope of this document applies to Marine deck crew personnel.
Out of Scope	The scope of this document, in reference to weight, does not apply to ocoks wheelhouse personnel, and Engineers.
Contents	This document consists of the following maps: Overview Health and Safety Guide Lifting Requirements Forms References Documents, and Definitions.
Use Requirements	This document is intended to be used as a reference for initial and refresher training.

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Page I of 11

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Marathon Petroleum Company LP Marine - Safe Lifting for Vessels		Records Retention: Policy, Standard, Procedure or Guideline General/Active +10 years after revised superscaled or obsolute
Custodian: Marine Safety Supervisor	Approved by:	Amie Greiner, HESS Manager

Overview, continued

Document Rollout Training

Requirements

All Marathon Marine employees will be required to read and acknowledge this document.

Revision History The table below provides the revision history for this document.

No.	Date	Description		Description	
0	4/5/10	MOP K-29 reformat document.			

Effective: Jul 9, 2012		Revision Number: 0
Marathon Petroleum Company LP Marine - Safe Lifting for Vessels		Records Retention: Policy, Standard, Procedure or Guideline General/Active + 10 years after revised superseded or obsolete
Custodian: Marine Safety Supervisor	Approved by:	Amie Greiner, HESS Manager

Health and Safety Guide

SDS Information (m)	Consult Safety Data Sheets (SDS) Web Site (reference) for information on all chemicals and products handled or stored at a Transportation and Logistic or <i>Marine</i> facility.
Personal Protective Equipment (PPE) - Marine (m)	Refer to Marine - Personal Protective Equipment (document) for additional information concerning Marine specific PPE requirements. Refer to TNLHES302 (reference) - Personal Protective Equipment (PPE) for additional information about PPE required at a Transportation and Logistic or Marine facility.

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Marine - Safe Lifting for Vessels	arine - Safe Lifting for Vessels		
Custodian: Marine Safety Supervisor Approved		Amie Greiner, HESS Manager	

Lifting Requirements

Minimum Lifting Requirements

Employees should have the strength, flexibility, and cardio-respiratory fitness to perform the following tasks:

- lift at least 100 pounds from floor to knuckles level
- lift and carry at least 80 pounds with two hands at shoulder level for a minimum distance of 100 feet on a level surface
- lift and carry at least 65 pounds with two hands at shoulder level for a minimum distance of 200 feet on a level surface, and
- lift and carry at least 50 pounds with two hands at shoulder level for a minimum distance of 300 feet on a level surface.

Lifting Limits

Under no circumstances shall any employee exceed the limits established in this document by

- lifting, carrying, pushing, and pulling more than the specified amount, or
- performing a task without the minimum required personnel.

Exception: In certain situations (for example inclement weather), the *Boat Captain* and/or *Pilot* may use their discretion and increase the number of required personnel to perform the tasks outlined in this document.

Safe Lifting Requirements

The table below describes safe lifting requirements for various tasks.

	Task	Individuals Required	Description
1	35 Foot Wire	One	 Carry no more than one 35-foot wire with two links. When transporting a wire, carry no additional rigging, or straps.
1	65 Foot Wire	Two	 Two individuals are required to transport a 65-foot wire. Use one of two options: divide the wire in half and each person carry a section, or

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Murathon Petroleum Company LP Marine - Safe Lifting for Vessels		Records Retention: Policy, Standard, Procedule or Guideline General/Active +10 years after revised superseded or obsolete.
Custodian: Marine Safety Supervisor	Approved by	Amic Oreiner, HESS Manager

Lifting Requirements, continued

Task	Individuals Required	Description
		uncoil the wire and one person position the lead and one person carry the end.
Bank / Shore Line / Wire	Two or more	Two or more individuals are required to connect or release a tow with a bank / shore line / wire.
Carrying Objects (general)	One	While carrying objects on the outside of the boat / barge, • free the inside hand, and • place the load on the outboard side of the body.
Face / Wing Wires (synthetic line or wire rope)	One or Two	 While boat is stationary, one person is to handle face / wing wires. While boat is underway, two people handle the face / wing wires.
Hose	One, Two, or Three	Use a minimum of three people to place a 6-inch cargo hose into position using the push/pull method.
		Recommendations: Come alongside as close as possible to the needed position. Use hose tongs to drag the cargo hose. Use a minimum of six people if the entire hose has to be lifted and carried. One person can generally position or lift a 4-inch water stripping hose, or a 2-inch product/water stripping hose. Two people are required when moving a 2-inch steam hose. One person is required to hook up the hose.
Lock Line	Two or more	Two or more individuals are required to carry a lock line.
Miscellaneous Supplies / Grocerics	One	Do not carry or lift supplies/groceries in a container or in multiple containers with gross weight in excess of 50 pounds.

Effective: Jul 9, 2012	11900 11910 11910 119	Revision Number: 0
Marathon Petroleum Company LP Marine - Safe Lifting for Vessels		Recends Retention: Policy, Standard, Proceduse or Guideline General/Active +10 years after revised superseded or obsolete
Custodian: Marino Safety Supervisor	Approved by:	Amie Greiner, HESS Manager

Lifting Requirements, continued

	Task	Individuals Required	Description
V	Pumps	Two or more	Two or more individuals are required to move stripping pumps.
1	Ratchets	One .	 Carry no more than one ratchet at a time. When transporting a ratchet, carry no additional rigging, or straps.
1	Spill Kits	Two or more	Two or more individuals are required to carry spill kits.
١	Straps	One	Do not carry more than two straps (with or without links) at a time.
1	ToolsLinks, orShackles	One	 Carry equipment in a safe manner. Do not overload when carrying this type of equipment on the tow.
7	Winch (Tighten)	One	 Safely tighten a winch. Never put your feet on the winch wheel or use your body as leverage. Use a leverage bar to tighten wires.
	2)		Note: Additional assistance to tighten the winch may be needed.
1	Winch (Loosen)	One	 Safely loosen a winch. There are times (depending on the amount of tension on the wire) when two or more people are required to safely loosen the winch and release the dog.
			Note: It is easy to determine if the winch will be difficult to loosen.
			! IMPORTANT: In questionable cases, ask the <i>Mate</i> on duty or get additional assistance before attempting task on your own.

Employee Assistance Requirements Any employee that deems additional assistance is needed to perform a particular job safely is expected to ask for help.

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Effective: Jul 9, 2012	Next Review: Nov 17, 2017	Revision Number: 0
Marathon Petroleum Company LP Marine - Safe Lifting for Vessels		Records Retention: Policy, Standard, Procedure or Guideline General/Active+10 years after revised superseded or obsolete
Custodian: Marine Safety Supervisor		Amic Greiner, HESS Manager

Lifting Requirements, continued

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Forms		

Effective: Jul 9, 2012	Next Review: Nov 17, 2017	Revision Number: 0
Marathon Petroleum Company LP Marine - Safe Lifting for Vessels		Records Retention: Policy, Standard, Procedure or Guideline General/Active+10 years after rovised superseded or obsolute.
Custodian: Marine Safety Supervisor	Approved by:	Amie Greiner, HESS Manager

References			

Effective: Jul 9, 2012	Next Review: Nov 17, 2017	Revision Number: 0
Marathon Petroleum Company LP		Records Retention: Policy, Standard, Procedure or Unideline
Marine - Safe Lifting for Vessels		General/Active +10 years after revised superseded or obsolete
	A	Amie Greiner, HESS Manager
Custodian: Marine Safety Supervisor	Approved by:	Amie Oreiller, FIE55 Manager

Documents

Marine - Ergonomics Program Process	Marine - Ergonomics Program Process
Marine - Safe Lifting for MRF	Marine - Safe Lifting for MRF

Effective: Jul 9, 2012	Next Review: Nov 17, 2017	Revision Number: 0
Marathon Petroleum Company LP		Records Retention: Policy, Standard, Procedure or Guideline General/Active +1D years after revised supersoled or obtolete
Marine - Safe Lifting for Vessels	5	
Custodian: Marine Safety Supervisor		: Amie Greiner, HESS Manager

Definitions

Barge	An unpowered, flat bottom, shallow draft vessel, often towed or pushed, used to transport cargo.
Captain - Boat or Motor Vessel (012m)	A United States Coast Guard (USCG) licensed mariner in charge of the boat's activities who also navigates and keeps watch aboard the boat.
Mate	Supervises and coordinates deck personnel in activities; reports to the Vessel Captain.
Marine	The Marine component of the Transportation and Logistics organization within the Company.
Pilot - Vessel (013m)	A United States Coast Guard (USCG) licensed mariner who navigates and keeps watch aboard a boat.
Shackle	A U-shaped metal fitting used as a connection for line, cable, or chain and has a pin secured through its end by a nut, cotter pin, or screw threads.
Wheelhouse (010m)	The area from which the <i>Captain</i> or <i>Pilot</i> navigates the boat. Also referred to as the Pilothouse.
Winch Dog	A steel latch with teeth at one end used to lock gear in position.



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Marine - Safe Lifting for Vessels

Overview

Purpose

The purpose of this document is to provide for

- · minimum lifting requirements, and
- . sale Liting requirements when handling many common objects in Marine operations.

Всоре

The scope of this document applies to Marine deck crew personnel.

Out of Scope

The scope of this document, in reference to weight, does not apply to

- cooks
- · wheelhouse personnel, and
- Engineers.

Contanta

This document consists of the following maps:

- + Overview
- · Health and Safety Goide
- Liding Requirements
- Forms
- References
- · Documents, and
- · Definitions.

Use Requirements

This document is intended to be used as a reference for initial and refresher training.

Document Rollout Training Requirements

All Marethon Marine employees will be required to read and acknowledge this document

Revision History

The table below provides the revision history for this document.

No. Date

Description

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MOP K-29 reformat document.

Health and Safety Guide

MSDS information (m)

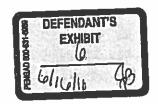
Consult the Matter of Sufety Duta Shoots (MSDS) Web Site (reference) for information on all chemicals and products handled or atored at a TT&R or Marine facility.

Note: MSDS information sheets or Cargo information Cards are kept on board each vessel

Personal Protective Equipment (PPE) - Marine (m) Minimal Marine Personal Protective Equipment (PPE) Includes

- safety glasses with permanently attached side shields
- . fire retardant clothing with sleeves down, cutts secured, and shirt tucked in pants
- personal H₂S monitor
- safety shoes
- . bump cap (hard hat is required for overhead work), and
- type V US Coast Guard approved personal flotation device (PFD)
 - · while on the lower exterior deck of a vessel and on all barges.

Note: Refer to MOP M-25 – Personal Protective Equipment (PPE) for additional information concerning Marine specific PPE requirements.



Note: Refer to TNLHES302 (reference) - Personal Protective Equipment (PPE) for additional information about the PPE required at TT&M facilities.

Important: Only type V US Coast Guard approved personal flotation devices are to be used by Company employees.

Lifting Requirements

Minimum Lifting Requirements

Employees should have the strength, flexibility, and cardio-respiratory fitness to perform the following tasks:

- . Jiff at least 100 pounds from floor to knuckles level
- . Ifft and carry at least 80 pounds with two hands at shoulder level for a minimum distance of 100 feet on a level surface
- lift and carry at least 65 pounds with two hands at shoulder level for a minimum distance of 200 feet on a level surface, and
- . Lift and carry at least 50 pounds with two hands at shoulder level for a minimum distance of 300 feet on a level surface.

Lifting Limits (m)

Under no circumstances shall any employee exceed the limits established in this document by

- · lifting, carrying, pushing, pulling, and so on, more than the specified amount, or
- performing a task without the minimum required personnel.

Exception: In certain situations (for example inclement weather), the *Boat Captain* and/or Pilot may use their discretion and increase the number of required personnel to perform the tasks outlined in this document

Safe Lifting Requirements

The table below describes safe lifting requirements for various tasks.

Task	Individuals Ruquired	Description
		 Carry no more than one 35-foot wire with two links.
35 Foot Wire	One	 When transporting a wire, carry no additional
551 601 1100	5110	- rigging, or
		straps.
		 Two individuals are required to transport a 65-foot wire.
	-	Use one of two options:
65 Foot Wire	Two	 divide the wire in half and each person carry a section, or
		 uncoil the wire and one person position the lead and one person carry the end.
Bank / Shore Line / Wire	Two or more	Two or more individuals are required to connect or release a tow with a bank / shore line / wire.
		While carrying objects on the outside of the boat/ barge,
Carrying Objects (general)	One	free the inside hand, and
		 place the load on the outboard side of the body.
Face / Wing Wires (synthetic	One or Two	 While boat is stationary, one person is to handle face/wing wires.
lina of wire rope)	Cita of The	 While boat is underway, two people handle the face/wing wires.
		Use a minimum of three people to place a 6-inch cargo hose into position using the push/pull method.
		Recommendations:
		Come alongside as close as possible to the needed position.
		 Use hose longs to drag the cargo hose.
Hose	One, Two, or Three	 Use a minimum of six people if the entire hose has to be lifted and carried.
		One person can generally position or lift.
		 a 4-inch water stripping hose, or
		 a 2-inch product/water stripping hose.
		 Two people are required when moving a 2-inch steam hose.
		 One person is required to hook up the hose.
Lock Line	Two or more	Two or more individuals are required to carry a lock line.
Miscellaneous Supplies / Groceries	One	Do not carry or lift supplies/groceries in a container or in multiple containers with gross weight in excess of 50 pounds.
Pumps	Two or more	Two or more individuals are required to move stripping pumps.
		Carry no more than one raichet at a time.
Ratchels	Ona	 When transporting a ratchel, carry no additional rigging, or straps.
Spili Kita	Two or more	Two or more individuals are required to carry spill kits.
Streps	One	On not carry more than two straps (with or without links) at a time.
• Tools	One	Carry equipment in a safe manner.
• Links, or		Do not overload when carrying this type of equipment on the tow.
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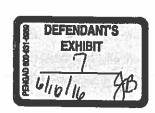
Marathon Petroleum Company LP | Marine - Safe Lifting for Vessels

	Task	Individuals Required	Description
	- Shackles		
			- Safety tighten a winch.
	Winch (Tighten)	One	Never put your feet on the winch wheel or use your body as leverage. Here a terrane has to tighter wines.
	772		Use a leverage bar to tighten wires.
			Note: Additional assistance to tighten the winch may be needed.
			Safety loosen a winch.
	Wnch (Loosen)	One	 There are times (depending on the amount of tension on the wire) when two or more people are required to safely loosen the winch and release the dog.
	,		Note: It is easy to determine if the winch will be difficult to loosen.
			I Important: In questionable cases, ask the Male on duty or gel additional assistance before attempting this procedure on your own.
Employee Assistance Requirements	Any employee that deems add	lionat assistance is ne	eded to perform a particular job safely is expected to ask for help.
Forms			
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Documents		<u> </u>	
Personal Protective Equipment	Personal Protective Equipment		
Definitions			
Captain - Vessel (012m)	A USCG Ilconsed mariner in ch	narge of the towing ve	ssels activities who also keeps watch aboard the towing vessel.
Mate (m)	Supervises and coordinates de	ck personnel in activit	ies; reports to the Vessel Captain,
Marine	The Marine component of the T&L organization within the Company.		
Pilot Vessel (013m)	A USCG licensed mariner that keeps watch aboard a towing vessel.		
Shackle	A U-shaped metal litting used screw threads.	ss a connection for lin	e, cable, or chain and has a pin secured through its end by a nut cotterpin, or
Wheelhouse (010m)	The area from which the Capit	ain or Pilot navigates t	he vessel. Also referred to as the Pilothouse.
Winch Dog (m)	A steet latch with teeth at one end used to lock gear in position.		

	Marine - Vessel Tier I Audit C		st		
	To be completed by each boat craw at start of hitch change.	—	!		
Ves	sot: Nashv://e	Date Ins	pected;	8/-	21/14
Mal	es Inspection by:	Yes	No	: N/A	Action
	E FIGHTING	169	110	11074	Action
1.	Each fire station equipped with hose, nozzle, spanner?	Т		<u> </u>	T
2.	Fire hoses and control valves clear of obstruction?		1	+	
3,	Fire hoses in good condition, properly stowed and free of water, and marked			1	
"	with date of annual test?			1	1
4.	Fire axes in good repair and properly slowed?		L	_	
5.	Each fire extinguisher station equipped with sealed extinguisher?				
6.	Spare extinguishers secured to prevent movement?				
7.	Fire/smoke detection system operational?				
ADN	MINISTRATIVE		-		
1.	Vessel name marked on bow and stem (with hailing port also on stem)?				
2.	Official Number properly marked on interior bulkhead?				
3.	Sub-Chapter "O" & "O" Logs kept for 30 days?			1.	
4.	Vessel General Plan (VGP) vessel/tow inspections complete and approved	1/			
	for previous month?				
_	RGENCY AND SAFETY EQUIPMENT				
1.	Work vests in good condition and stored separately from life preservers?				
2	Life rings in place and in good condition with lifeline/light attached where	. <i>/</i> /		1	
	required?		-		
	Emergency lights operational?			<u> </u>	
	Self-Contained Breathing Apparatus (SCBAs) operational and monthly	j ,	ŀ	1	
	inspections noted in log?				
	Multi-gas meters operational?			<u> </u>	
	Respirators and cartridges available?	/			
	First Aid kits available?	_/_			
	Bloodbome Pathogen Response Kit available?	/			
	Automatic External Defibrillator (AED) operational?				
	Fall Protection Equipment available and in working condition?				
	Eyewash stations and drench hoses ready for use?				
12.	Best well tribe contest and the date of inconstitute within the last she wouldn't		1/	ł	Lasfude (no sheler Rechedet toped
12	Boat spill kits sealed and the date of inspection within the last six months? System 99, throw-bags, throw-sticks, and personnel retrieval hats ready for				11CCACCACHTEDEN
	aystem 95, thiow-bags, throw-sticks, and personner retriever hels ready to use?	1			ŀ
	TY BOATS				
	All utility boat lights in working order?	·/			
	Utility boat free from damage?				
	Fire extinguisher and emergency equipment bag on board utility boat?		·		
	Utility boat paddles and mooring lines in place?				
	Utility boat license current?			 	
	Utility boat number marked on bow?	2			
î (ı	Litility boat lowered to the water's edge and proven operational; launched if	- 1			
- 1	Utility boat lowered to the water's edge and proven operational; launched if conditions permit. Deployment time: 2 6 (cradle to waterline)				
	INGS AND PLACARDS				
. '	Discharge of Oil Prohibited" placards in Engine Room and Transfer Site?	V			
	Garbage" placards posted in galley and in garbage storage areas?				
	Hearing Protection" signs posted at Engine Room entrances?				
	Wash Hands Often" signs posted in galley?				
	Safety Rules" placards posted?				
	Station Bills posted on each level?				
	Supplementary Station Bill posted in each state room?				
	Restricted Area security signs posted on the port and starboard side of the				
[v	essel next to the bow?	ا ر _			
. [Pesignated smoking areas properly marked?	7			
OSE	S				
	otable water fill connection properly marked?				
. IF	otable water hose capped, stowed, and marked "potable water only"?	/			

MMDVessel Tior I Audit Chacklist.xis Equipment Repair, Inspection or Certification/10 yrs Attention: Printed copies should be used with caution.

Custodian: Marine HESS Copy: Boats / 1 yr



Revised: 4/10/2014 Printed: 6/20/2014 Page 1 of 3

Marine - Vessel Tier I Audit Checklist								
	To be completed by each boat crew at alant of hitch change.	•	U.					
Ves	sel: Nashville	Date Ins	pected:	81	21/14			
3.	Cargo and vapor hoses properly marked, blinded, and test date within one year?							
WA:	STE MANAGEMENT		/					
1.	Waste Management Log maintained for required waste streams?			4				
2.	Waste paints, solvents, and chemicals properly stored and labeled?		1		Potar-4			
3.	Waste containers for batteries and spent lamps properly labeled?	1						
GEì	(ERAL							
l	Rotating equipment guards in place?							
2.	Portable ladders ready for use?	1 2						
3.	Interior stairs fitted with non-skid materials on treads and landings?	-						
t	Landings at exterior doors fitted with non-skid materials?	11/						
ì	Hendrails/guard chains in place, secure, and tight?							
) <u>. </u>	Appropriate bulbs, globes, and guards on lighting fixtures?	1						
7.	Passageways and escape halches marked and clear of obstructions?	1						
l	General housekeeping satisfactory?							
),	Freeing ports and scuppers permit drainage of main deck? (if equipped)	1						
0.	Floors in good condition and free of slippery spots?	1						
11.	Floor mats and rugs slip-resistant?	2						
2	Stove in good order with exhaust fan and vent clean?							
3.	Flammable liquids properly stored?	1						
4	Winches and face wires in good condition?							
5.	Minimum boat rigging Inventories aboard per company standard?	1						
6.	Boat status reviewed between relieving and departing Mates?	-		1				

MMDVessel Tier I Audit Checklist xis Equipment Repair, Inspection or Certification/10 yrs Attention: Printed copies should be used with caution.

Custodian: Marine HESS Copy: Boats / 1 yr Revised: 4/10/2014 Printed: 8/20/2014 Page 2 of 3

	Marine - Vessel Tier I Audit C	heckli	si		
	To be completed by each boat crew at start of hitch change.		2.5		
Ves	sel: Neshville	Date Ins	pected:	8/21	/14
Wh	eelhouse Inspection by:	Yes	No	N/A	Action
1.	Required navigation publications aboard (Paper copy or Nav Ref CD)?				
2.	Required "Notices to Navigation" and "Notices to Mariners" aboard and up- to-date?	in			
3.	Required navigation charts aboard and up-to-date?	born.			
1.	Required vessel papers/documents aboard (Red book)?				
5.	Radio log being properly maintained?	-			
5 <u>.</u>	Required navigation safety equipment operational?				
7.	Vessel Response Plan aboard and up-to-date?		7.		
8,	Vessel Security Plan up-to-date and access controlled?	V			
9.	Boat status reviewed between relieving and departing Captains?				
	General housekeeping sallsfactory? Oil and fuel filters drained properly and bagged?	Yes	No	N/A	Action
1	General housekeeping satisfactory?	اسسا			
2	Oil and fuel filters drained properly and pagged?				
3.	Fixed extinguishing systems operational and inspections up-to-date?				
ŀ.	Marine Sanitation Device (MSD) operational including chlorinator?				
j	Declaration of Inspection (DOI) maintained onboard for at least 30 days?	اسسا			
i	Oll transfer procedures onboard and available?				
<u>'. </u>	Barge fueling hose properly marked, stored, and test up-to-date?				
ì,	Handrails in place and secure?	1	•		
).	Equipment quards in place?				
	Tools in good repair?	<u></u>			
1.	Goggles, aprons, gloves and face shields provided at each battery station with use instructions?	~			
	Metal container provided for oily rags?				
	Escape hatches and emergency exits marked and accessible?				
	Trolleys and hoists marked with lifting capacities?	-		-	
	Goggles and face shields provided at grinders?				
	Grinders free of vibration with safe use instruction sticker posted?				
7.	Grinder fitted with guards?				
	Compressed air pressure for cleaning set to maximum 30 per square inche (psi)?	V			
	Combustible materials stored away from ignition sources?				
	Flammable liquids and aerosols properly stored?				
	Containers of liquids clearly labeled?				
	Electrical controls and panels properly marked?	1			
	Piping systems free of excessive leaks or wastage?				
4.	Steering compartment is clean and equipment free of leaks?				
	Boat status reviewed between relieving and departing Engineers?				
	COMMENTS:				
i	:		i		
•			4	4	



Marathon Petroleum Company LP Marine

Employee Witness Statement

Witness Information:	
Name: Ryan Rudde 11	Date: 8/28/14
Job Title: Pecichash	Watch/Shift: Forward
Vessel/Location: Nosh wee /last +cla	Atte Supervisor: Mare Scott
•	
Incident Information:	
Name of Employee Involved in Incident:	ian Reddell
Time of Incident: 1745	
Location of Incident: /ews & Claric A	bt
If you witnessed the incident, describe what yo	11 saw: South taky off wre avoid Hinduffeed
If you did not witness the incident, where was	you r location:
List other witness(es):	
	a DEFENDANT'S
This form must be complete	ed immediately after the incident.
	8/28/12) Bully AB
Signature:	Date: 8/28/12/
HS/MR/360H/ADM24	EODAS D Z.O.

. Items in red are required by OSHA or DataPipe	to be completed for all am	Slovens and discette access	muland nate -	Conn No
			ESS/INCIDENT REP	Case No
This Section to be completed by the Per				
1. Name Zudde1	Pylan	.1		_
Lest	To your	F.F.	Employee No. (if MPC)	174592
2. Home Address 3G3 Van Dus	tool	Evansy,	Hile TW	477(1
3. Date of Birth_09/20/81	_ Sex SM IF	Date Hired (with M	IPC or Contracting Compa	any) <u>5/12/08</u>
4. Occupation/Job Title Deckelan		Da	ale you began this occupa	ation 5/12/03
5. Contractor Company Name				
6. Marathon or Contractor Supervisor_	Michael Scott "Co	ייש אילים		
7. Date of Incident 8/27/14	Time_ <u>12:1</u> 2	EAM EPM	Check if time cann	not be determined I
8. Time you began work day of incident_	5:30 □ AM 12 F	M Did incident o	ccur outside normal work h	_
9. Place incident occurred First Page	iling at Lee Circle	- 248-903 240-67	On Marathon prom	isas? Van Et Na E
10. Reported to (MPC Employee) 10.	- Haukedahi	-	_	BO CAM DPM
11. Describe what you were doing before th	e incident occurred. Descri	the the settlishe as well as		EL AM LIPM
Took wire off Timbe	that (ricett-13)	Egos)		atenzi used. Be specific.
12. Describe in detail how the incident od	curred (use an additiona !	l page if needed). 720	12 WILL OFF Timberthe	al Hersted to the
	Ł			
13. Describe in detail the injury/illness, pa	t of body affected and h	ow (be more specific the	יו "huit" or "sore"), and an האליך איני איני איני איני איני איני איני אי	y symptoms. Fontof leg Saed
B - F - Right risk parameter de 10				
14. Object or substance causing incident 15. Witness(es) Door How Kod pin 16. I have answered the above questions	Anthony Ginn !	ordone: And Andrews	0	R/28/11/
17. Completed by (if other than the above	•		Spare	Date
Ryan Ruddell	_ :		<i>(</i>)	, ,
Name		File	_ (3/7) 6 P.2 75 98	<u>Z/28/14</u>
This Section to be completed by Supervi. I. Is there any additional information about	sor or Designee and fo	rwarded to the HES Dep	ot. within 3 calendar day	s of the incident.
2. Check protective equipment worn at the	time of the incident an	d any that should have i	been worn:	
Equipment Worn	Should Have Bee	<u>1 Worn Equipm</u>	ent Worn Sho	uld Have Been Wom
Safety Glasses 🔀 Face Shield	5	Goggl: Hard H		
Safety Shoes	□ !		sistant Clothing 덦	7
Gloves 図 H2S Monitor 図		Respir	ator 🗀	חחחחור
Seat Belt	0.0	Pan Pr Other	ntection 🖂	Ξ,
3. Were proper work procedures being foll	owed? Yes 丞 No 己	<u>-</u> .		
4. What steps were taken to prevent a rec	urrence of this type of in	cident? Prepar Life.	- been with kness	
5. Completed by:	40	•		
S. Completed by. Shall Sitt	- CA	phoin	780619	g.78-14
Form 191 Rev. 5/09 ATTENTION: The user of this document must ensure the curren	: I approved version of the document		Retention: 5	Oate Component HES years plus current year eers Componisation MPC000000
		7.5	1070	

Marathon Petroleum Company LP Marine Boatcrew Report of Injury or Illness

Name: Ryan Ruddall	Emp #:	779392	
Job Title: NECKLOS	3.5	t Пme: <u>5730 ри</u>	
Supervisor: Mfile SCOTY	Time of in	jury/Illiness: 6:45 am	Location: 14161-ef Wood Rive
List any witnesses: Dana Haukedan An thom		,	
Weather Conditions: 1000 How The House	Deck Cond	litians: WeV	
Reported To: Mate Dane	Date:	128/14	_Time:/250 7:30 Am.
Date Hired: 5/12/68	# Months	n current position: 6 yenes 3	man the
On-site 1" Ald Treatment: huncafen, Ben Ga.		7.3	
Was professional medical treatment sought? 120			
If the employee died, when did death occur?N/A-			
Describe treatment or medication givens The profes &	or Gay.	•	
	The s	00.00	
Describe in detail your activities immediately before the incider	18 <u>772.0</u>	42 101485	
Describe in detail how the injury/illness occurred: 730 K	שישים	ff Borses	
Describe in detail the parts of your body affected: 1000 000 1	BOLICOF	ain restats for love	in Bacic aional Stobes dup
testaly_			
Identify in detail any potential safety concerns related to this inc	ident (exam	ples equipment and/or acts):	
,	Check prote	tive equipment worn:	
Equipment Wom Equipment	Worn		
Goggles Safety Glasses			Equipment Worn
Face Shield Fall Protection		Safety Shoes	H2S Manitor Gloves
Hard Hat FR Uniform		Respirator	PFD
Show Ille		1111	
Signature of Employee:		Date: <u>8/28/19</u>	
Completed by (If other than employee):		Date:	
Incident Investigation - Health & Safety / 12 years Attn: Use printed copies with caution	,	DEFENDA STATES DEFENDA EXHIBIT OLIVE OL	420
			MPC00000



Ruddell, Ryan A

32 Y old Male, DOB: 09/10/1981 Account Number: 19964/SC 308 Van Dusen Ave, Evansville , TN-47711 Home: 812-622-0598

Guarantor: Ruddell, Ryan A - Insurance: ANTHEM Payer ID: 00630 PCP: Kenneth Yagodich, MD - Referring: Kenneth Yagodich, MD Appointment Pacility: Urological Associates Inc

Progress Notes: Michelle A Boger, MD

04/22/2014

Current Medications

Discontinued Hydrocodone-Ibuprofen 5-200 MG Tablet 1 to 2 tablets every 6 hrs PRN Pain Discontinued Cipro 500 mg tab 1 twice a day Medication List reviewed and reconciled with the patient

Past Medical History

No Medical History.

Surgical History

Broken Ankle Vascetomy 4-8-14

Family History

Father: alive, Living Mother: alive, Living

Social History

Tobacco Use Are you a: Never Smoker. Alcoholic beverages: Yes. No Tobacco chewing/snuff. No Street drug use. Marital History: : Divorced.

Aliergies

N.K.D.A.

Review of Systems

Previous review of symptoms was reassessed with patient. No changes noted.

Reason for Appointment

1. Scrotal Pain since Vasectomy

History of Present Illness

Nurse General Questionnaire:

Location of the problem: testicle. When did you first notice the problem: days. How long does the problem last? it is always there. Is anything else occurring at the same time? no.

General:

The patient is a 32-year-old gentleman who had a vasectomy almost 2 weeks ago. He has had a rough course with bilateral testicular discomfort and swelling. He was started on an autibiotic by our nurse practitioner last week. He is scheduled to go back to work in one week and works on a barge with lots of heavy lifting. He is a little concerned about this.

Vital Signs

BP 122/80, Temp 97.7, Ht 75, Wt 248, BMI 30.99.

Examination

Genitourinary - Male:

General appearance: alert, oriented, no acute distress. Abdomen: no hepatosplenomegaly, no hernia, normal, soft, non-tender, no mass. Anus/Perineum: normal. Penis: normal. Urethral meatus: normal anatomic position, no meatal stenosis. Scrotum: incisions sites healing well. Cord induration and tenderness noted bilaterally. Testicles: symmetric, nontender, no palpable masses or induration. Epididymis: nontender, no palpable masses or induration. Vas deferens: palpable bilaterally. Psych: pleasant affect. HEENT: normocephallic, atraumatic, normal appearing external ears and nose, sclera clear. Neck: symmetric, supple with mid-line traches. Lungs/Respirations: normal respiratory effort.

Assessments

1. Testicular pain/unspec. disorder - 608.9 (Primary)

Treatment

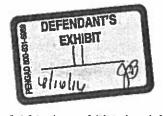
1. Testicular pain/unspec. disorder

Notes: I am going to change him 2 an antibiotic that has broader skin coverage. I explained that most of the tenderness may be related to the procedure without an infection being present. We are hoping that that Keflex will help speed up the recovery, but it just may take more time. He will let me know if he needs some time off work next week. We can write For a work excuse if needed. He will let me know. I want to see him back in one month.

2. Others

Start Keflex Capsule, 500 MG, 1 capsule, Orally, three times a day, 7 day(s), 21, Refills o

Start Hydrocodone-Ibuprofen Tablet, 7.5-200 MG, 1-2 tablet as needed, Orally, every 6 hrs, 30 days, 30, Refills 0



Follow Up 4 Weeks

Allog the

Electronically signed by Michelle Boger , MD on 04/25/2014 at 10:55 AM CDT

Sign off status: Completed

Addendum:

04/25/2014 10:59 AM Boger, Michelle A > This note was transcribed using voice recognition software. It may contain errors not obvious on routine proofreading. Please contact my office for questions regarding this office note.

Urological Associates Inc 920 S HEBRON AVE EVANSVII.LE, IN 477144086 Tel: 812-473-1111 Fax: 812-473-0911

Patient: Ruddell, Ryan A DOB: 09/10/1981 Progress Note: Michelie A Bager, MD 04/22/2014

Note generated by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)



04/14/2014

Current Medications

None

Past Medical History

No Medical History.

Family History

Father: alive, Living Mother: alive, Living

Social History

Tobacco Use Are you a: Never Smoker. Alcoholic beverages: Yes. No Tobacco chewing/snuff. No Street drug use. Marital History:: Divorced.

Allergies

N.K.D.A.

Review of Systems

Previous Review of Systems was reassessed with patient, no changes noted except for the pertinent positives documented.

Ruddell, Ryan A

32 Y old Male, DOB: 09/10/1981 Account Number: 19964/SC 308 Van Dusen Ave, Evansville , IN-47711 Home: S12-622-0598

Guarantor: Ruddell, Ryan A - Insurance: ANTHEM Payer 1D: 00630 PCP: Kenneth Yagodich, MD - Referring: Kenneth Yagodich, MD Appointment Facility: Urological Associates Inc

Progress Notes: Debra K Shoulders, ARNP

Reason for Appointment

1. f/u VAS on 4-8-14

2. C/o swelling and pain

 Also noticed some blood and discharge- today states he had some yellow discharge on bandages

History of Present Illness

General:

32 year old white male presented on 4/8/14 for his voluntary sterilization vasectomy. Recieved phone call from pt this am complaining of pain, swelling and discharge from his incisions. States he bled from his right incision while taking a shower and the stitch cam out on the right, has been applying neopsporin, noting a yellowish discharge today. Complains of a constant grade 5 ache of both testes and surrounding tissues. He has stayed on bedrest and not lifting objects. States he works for Marathon on a Barge and lifts 100# x 900 feet which he will have to be able to do when he returns to work. Is very concerned regarding his slow healing.

Nurse General Questionnaire:

Location of the problem: testicle. When did you first notice the problem: days. How long does the problem last? it is always there. Is anything else occurring at the same time? no.

Vital Signs

BP 130/78, Temp 97,2, Ht 75, Wt 248.2, BMI 31.02.

Examination

Genitourinary - Male:

Scrotum: Right scrotal incision shows no suture material. With gentle pressure, noted scant dark red blood. Left scrotal incision is intact, scant suture material noted. No discharge noted. Has both areas covered with a bandaid. Both testes are descended bilaterally. Noted moderate tenderness with gentale palpation. No hydrocele noted or masses noted.

Assessments

- 1. Testicular pain/unspec. disorder 608.9 (Primary)
- 2. Orchitis and Epididymitis Unspecified 604.90

Treatment

1. Testicular pain/unspec. disorder

Start Hydrocodone-Ibuprofen Tablet, 5-200 MG, 1 to 2 tablets, Orally, every 6 hrs PRN Pain, 7 days, 30, Refills 0
Notes: Continue on bedrest.
Avoid lifting anything heavier than a gallon of milk
Wear a jock strap for scrotal support when up
Keep testes elevated on a towl roll and ice prn
Keep appt with Dr. Boger prior to returning to work.

2. Orchitis and Epididymitis Unspecified

/ Start Cipro tab, 500 mg, 1, po, twice a day, 10 days, 20, Refills 0

Follow Up keep 4/28/14 Boger appt

Man Studies HOLY LAND

Electronically signed by Debra Shoulders , ARNP on 04/14/2014 at 04038 PM CDT

Sign off status: Completed

Urological Associates Inc 920 S HEBRON AVE EVANSVILLE, IN 477144086 Tel: 812-473-1111 Fax: 812-473-0911

Patient: Ruddell, Ryan A DOB: 09/10/1981 Progress Note: Debru K Shoulders, ARNP 04/14/2014
Note generated by a Clinical Works EMR/PM Software (www.oClinical Works.com)



Ruddell, Ryan A

32 Y old Male, DOB: 09/10/1981 Account Number: 19964/SC 308 Van Dusen Ave, Evansville , TN-47711 Home: 812-642-0598

Guarantor: Ruddell, Ryan A. Insurance: ANTHEM Payer ID: 00630 PCP: Kenneth Yagodich, MD. Referring: Kenneth Yagodich, MD Appointment Facility: Urological Associates Inc

Michelle A Boger, MD

04/08/2014

Current Medications

None

Past Medical History No Medical History.

Surgical History
Broken Ankle

Family History

l'ather: ailve, Living Mother: alive, Living

Social History

Tobacco Use Are you a: Never Smoker. Alcoholic beverages; Yes, No Tobacco chewing/smuff. No Street drug use, Marital History: : Divorced.

Allorgies N.K.D.A.

Hospitalization/Major Diagnostic

Procedure

No Hospitalization History.

Review of Systems

Previous Review of Systems was reassessed with patient, no changes noted except for the pertinent positives documented. Reason for Appointment

1. Pt presents for Vasectomy.

History of Present lilness

General:

Pt was given Valium 10 mg po.

Vital Signs

BP 118/72, Temp 97.9, Ht 75, Wt 245, BMI 30.62.

Assessments

1. Sterilization - V25.2 (Primary)

Treatment

1. Sterilization

LAB: Vas Deferens Histology

This lab was reviewed by Michelle Boger on 04/15/2014 at 12:33 PM CDT

Procedures

Bilateral Vasectomy- Elective:

PRE-MEDICATION Valium to mg po once. PRE-OPERATIVE DIAGNOSIS Elective sterilization. POST-OPERATIVE DIAGNOSIS same. ANESTHESIA 1% Lidocaine local. INDICATIONS The patient has requested elective sterilization and previously been counseled about the relatively permanent nature of a vasectomy. He understands the risks and benefits of the procedure which include but are not limited to bleeding, pain, infection, need for repeat surgery, and failure of pregnancy prevention of approximately 1 in 1000. He has provided informed consent and wishes to proceed. DESCRIPTION The patient was prepped and draped in standard fashion, 1% Lidocaine was injected. A standard no scalpel technique was used. Two incisions were used. The skin was incised/punctured and the left vas was grasped. Blunt dissection was used to isolate the left vas. A 1.5 cm segment was excised. Both cut ends of the vas were fulgurated with electrocautery. The distal end was tied off with a 3-o chromic tie. The proximal end was tied off with a 3-0 chromic stick tie. A separate stitch was used to fold the proximal end back upon itself to prevent recurrence. Hemostasis was adequate. The skin was incised and the right was was grasped. Blunt dissection was used to isolate the right vas. A 1.5 cm segment was excised. Both cut ends of the vas were fulgurated with electrocautery. The distal end was tied off with a 3-0 chromic tie. The proximal end was tied off with a 3-0 chromic stick tie. A separate stitch was used to fold the pruximal end back upon itself to prevent recurrence. Hemostasis was adequate, 3-0 chromic stitch was used to close the skin on each side. Autibiotic ointment was applied to the wounds, The patient tolerated the procedure. He was informed to continue birth control until follow-up showed no cyldence of sperm in his semen.

Procedure Codes 55250 VASECTOMY, BILATERAL

Follow Up 4 Weeks Allog the

Electronically signed by Michelic Boger , MD on 0.4/08/2014 at 12:12 PM CDT

Sign off status: Completed

Urological Associates Inc 920 S HEBRON AVE EVANSVILLE, IN 477144086 Tel: 812-473-1111 Fax: 812-473-0911

Patient: Ruddell, Rynn A DOB: 09/10/1981 Progress Note: Michelle A Boger, MD 04/08/2014

Note generaled by eClinicalWorks EMR/PM Software (www.eClinicalWorks.com)

Perkins, Isaac O. (MPC)

From:

Burdick, Michael C. (MPC)

Sent:

Tuesday, August 26, 2014 8:57 PM

To:

Perkins, Isaac O. (MPC)

Cc:

Earl, David A. (MPC)

Subject:

Fwd: Emailing: Ryan ruddell my expectations 8-24-14.pdf

Attachments:

Ryan ruddell my expectations 8-24-14.pdf; ATT00001.htm

Isaac,

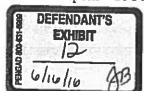
In the past we have had issues with Mr. Ruddell meeting expectations. I personally have had numerous conversations with him concerning his lack of motivation, poor work performances and his lack of effort to obtain his tankerman licenses. For example; Ryan had been with the company for over 5 years and had not obtained his tankerman licenses. After I drew the line in the sand for him, he did get his licenses and is doing well with them. I have sent the training mates to the boat on more than one occasion to assist Ryan to help him succeed. On my most recent attempt to provide Ryan with assistance, I had him report to the Annex and for two days with training mate Wayne Parker and Jim Wilson. Both worked with Ryan on the pad and in the fleet. My sole purpose was to take Ryan from his boat and put him in a situation where there was no distractions and he had the training mates all to himself and would hopefully benefit from the experience. The training mates report was less than satisfactory. Captain Mike Scott has coached and counseled him for the past year and a half.

In August Isaac Perkins and myself had a meeting with Ryan and discussed his poor work performance and lack of motivation along with other issues. We laid everything out on the table and discussed each of the issues that Ryan is having troubles with. Poor work performance, lack of motivation, etc. Ryan seemed to be confused. Although Isaac and myself not only discussed each issue AND made recommendations to him from our personal experiences he still said "he doesn't know what we wanted him to do" again, we were VERY plain on our expectations for Ryan.

In my last attempt after that meeting I told Ryan that I would call the Nashville after he gets on. Ryan, captain Scott and myself would review ALL expectations so there were no ambiguity. I called the Nashville prior to Ryan getting on the boat and ask that Captain Scott to write out on paper his expectations. These expectations were general expectations that he expects from ALL of his crew and was not pertaining to only Ryan, he did not single him out although I feel we are at that point in the process. Below, you will see the attachment of 17 expectations that Captain Scott, Ryan Ruddell and myself reviewed to ensure that his expectations were relayed to Ryan in a clear manner to ensure and that Ryan fully understood them.

On 8/25/14 I called the MV Nashville and Ryan, Captain Scott and myself discussed each of the 17 expectations in detail. I explained to captain Scott that I would read each expectation and then I wanted him to explain in detail specifically what he wanted. I then told Ryan that I wanted him to commit on it as well to make sure he fully understood and they both agreed to do so. I explained again to captain Scott and Ryan that this was an attempt to give Ryan guidance to help him succeed but it had come to the point where it was not only being a performance issue but it has damaged the moral of the boat and it WAS a safety concern to me. I reiterated to Ryan that we have done everything we could possibly do as a company and I really hoped that he understood the severity of the situation. I told Ryan that we MUST see improvements not only this trip but point forward or we would be sitting down and discussing the path forward. Ryan said he understood.

We continued through all 17 as described and we talked in detail about Ryan's poor work performance, lack of motivation and ambition etc. Our conversation lasted about 45 minutes. After the conversation I ask Ryan if he fully understood what is expected of him point forward? I received no response so I asked after a long pause I



ask if Ryan and Captain Scott could hear me? After another long pause Captain Mike responded "oh we're hearing you fine" so I ask Ryan again if he understood? After another long pause he said I guess so. I ask Ryan to tell me what he didn't understand because that was why we we doing the call in the first place, for him to understand. Ryan commented then "yea I do".

I concluded the meeting with my expectations for Ryan which were as follows;

- 1. Follow and comply with all of captain Scott's expectations. I reminded him that those expectations were not singled out for him only, that is what he expects of his entire crew.
- 2. Ask questions if he does not understand.
- 3. Participate more in Shift Starters and drills. I explained to Ryan that this is the best place on the river to work- it doesn't get any better than here. We are going and we have a bright future and I want him to be a part of it. I told him that 2/3 of our deck crew is 2 years or less in experience and we value his opinion so speak up you have knowledge that you can share. In doing so you will help others and in turn help grow our Marine Department.
- 4. I was very blunt "again" to push the point home I EXPECT to see an improvement from point forward.

 5. Ryan has always said his goal was to work as a shore side tankerman. I challenged Ryan I told Ryan that he would never reach his goals continuing down his original path because I would personally make sure that he didn't get it unless he changed his ways. I explained to him that we don't just give people promotions, they have to earn it. My challenge to Ryan was to step up, show initiative and prove everyone wrong. Prove to everyone that you want to improve, that you want to be working here and you want to do better not only for yourself but for your family. Captain Scott even spoke up and stated that we need mates so step up improve and work towards a mates position and them his goal would come easier. I told Ryan that that was an excellent idea.

In closing I ask Captain Mike and Ryan to both sign the list of expectations and send it me. Mike Scott texted me 15 minutes after the meeting and said that Ryan refused to sign the list of expectations. I told captain Mike to just note on the paper that Ryan refused to sign it and send it in with his name on it.

Mike Burdick Port Captain Marathon Petroleum 606-585-3163

Subject: Emailing: Ryan ruddell my expectations 8-24-14.pdf

Your message is ready to be sent with the following file or link attachments:

Ryan ruddell my expectations 8-24-14.pdf

Note: To protect against computer viruses, e-mail programs may prevent sending or receiving certain types of file attachments. Check your e-mail security settings to determine how attachments are handled.

My Expectations

- 1. Be more active in shift starters
- 2. Keep web base training done 2 months in advance
- 3. Keep room and bathroom clean, with help of other crew members
- 4. Report on watch in a timely manner no second call or third call without being within reason, once or twice a trip is ok. Do Not Make It A Habit!
- 5. More active in vessel Drills
- Follow Company Policies and Procedures. (PPE)
- 7. Perform Task given right the first time without having to redo it again
- 8. Do stretching exercises properly
- Show more ambition, set goals to meet to improve yourself. (like becoming a mate or learning to become a steersman or apprentice engineer)
- 10. Be courteous and respectful to others
- 11. Take more interest in VGP and other roles and responsibilities to better yourself. (such as mates shift change meeting and boat requisitions)
- 12. Have all PPE ready when you come on watch not left in the room
- 13. Help promote a friendly environment and promote team work, and improve morale
- 14. Maintain proper communication, and listen to details
- 15. Show initiative by doing clean up without being told, and doing it right the first time
- 16. Be observant and vigilant on deck
- 17. Maintain personnel hygiene

Ryan Recos to sign.

WAS ON PhoNE CALL W. I'M MIKE BURDICK 8-24-14

Mid Year REVIEW Year: 2014	Marathon Marine Division						
Personal Information Name: DVAn Ruddell	VESSEL PERSONNEL DEVELOPMENT APPRAISAL FORM						
Occupation: Occiding		_			Emp#: 779.392		
Org; MMN	_			-	Rating Guidelines:		
	~ -	1:F	ar Exc	eeds	is 2: Exceeds 3: Meets 4: Generally Meets 5: Fails to Meet N: Not rated		
Job Dimensions (See Instructions on Roverse)			27	10	Positive Comments/Improvement Recommendations		
	\top		RATIN	G			
	<u> </u>	2	3 4	5	N Required for appraisal completion andit:		
Work Standards					Rond Volunteer For extra work.		
ets high performance standards for self and work group			-		Several time's mate's have to make you redo your work. No ambition- Gyens		
Assumes responsibility and accountability for successful completion of job tasks			×		100 Credo Lour work. No Ambilion- Greats		
roduces quality work which does not require re-work or supervisory follow-up	4-	L			700 1200 7001		
Charteers for extra work or responsibility		Ш	<u>X</u>		As deck.		
Job Quality/Knowledge					Gyanes As dede hand still seems to		
ompletes job tests in appropriate and professional manner							
ariorma job tasks efficiently	<u> </u>		X	\sqcup	5 truggle with sometask.		
ropenly operates and meintains vessel equipment		Ш	X	\vdash			
Aket necessary steps to ensure Product Quelity is guaranteed indentands job responsibilities and expectations			<u> </u>	╀	—		
			<u> </u>				
Commitment/Motivation					Has been reprimanded for breaking a few		
upports Marine Transportation objectives, policies, and procedures		\coprod	X		Company policies.		
ccepts and demonstrates the oblisty to adjust to a changing work anymment	4	Ш	_ X	ot	→ ' ' ' ' '		
rrives on watch punctually and ready to begin	44	ш	_ X	\Box			
rapatively solves problems without waiting for instructions	4						
Technical Knowledge & Skills					- Scenis comfortable just staying a decktroned		
ossosses nacessary skills to complete job responsibilities			_ <				
emonstrates a willingness to learn new job tasks and apply them to the job			y		and not improving himself.		
apable of performing mechanical maintenance on job-relevant equipment			×		□ '		
rives to improve job knowledge & performance	44		_ x				
sops current with work-related technological advancements	┙		1				
Safety & Environmental					Has to be concred into participating in		
omplies with Marine Transporation and USCG safety policies and procedures	1		X	Т	- Has to be contined the parties in		
cilvely participales in safety/watch change meabings	\Box		×		drills and watch change meetings.		
ears appropriate PPE in all required settings consistently			X	\neg	7		
ses lools and equipment in a safe and proper manner			1				
tkes necessary precautions to reduce the risk of accidents that may cause injunes to	Π		X				
her themselves or their coworkers	ﺒ	\dashv		_ _			
sintains clean, organized, and safe work environment	 		X				
Communication/Interpersonal Skills					- like'stargue when giving Feedback on		
mmunicates information accurately and timely		\perp I	У				
fiecls good public image; nest appearance; courtagus			X		Dec to cmanto		
itens thoughtfully to others in order to understand problems and/or concerns			×				
ows respect and appreciation for people with varied backgrounds, interpersonal styles, d perspectives	11	- 1		-1			
sponds positively to feedback in an effort to improve individual performance	╀	-			_		
	╄┷┸	_		۲_			
Leadership	╄-				Does , show lead eaship quality		
ovides support and shares valuable work experiences with co-workers	┷		X				
ins & prioritizes effectively to accomplish tasks and goals	⇊	-	X		Would not recommend for A mate's		
actively guides/instructs new hires, co-workers, contractors, etc.	₩	_	시시				
moles teamwork and supports fellow employees	11		~		postion.		
	II	2	3 4	5 N	N DEFENDANT		
OVERALL RATING			×		1990166017 11907 1 11107		
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t Captain / Port Engineer:							
N Manager (Optional):					Dale:		
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					Pale (incressed with Employee)		
REVERSE BIDE FOR INSTRUCTIONS AND RATING CLARIFICATIONS					HRC: Skewe flesh		
					Initials Date: 7/2 9/14		
See P 1/4// Con - Add				,			
MAC Perkins. KERNE Parkied To	124) 1/30	' L. 14	(دسمد	ing conversation with Mike Burdick of Mike Burdick 7/24/14		

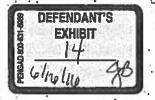
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Mid Year REVIEW	\Box	Marathon Marine Division					
Year: 2014	VESSEL PERSONNEL DEVELOPMENT APPRAISAL FORM						
Personal Information Name: Ryan Ruddell	2.1	H P	100	- 520			
Occupation: Deckhand 1		_					Emp #: 779372
Org:	\neg	_			_	_	
	+	4	:Far	Free	har	2.	Rating Guidelines:
Job Dimensions (See instructions on Reverse)	-						Exceeds 3: Meets 4: Generally Meets 5: Fails to Meet N: Not rated Positive Comments/Improvement Recommendations
		16	RA	TING	3 -		E / (5 v) 6 v
	3	1	2 3	3 4	5	N	Required for appraisal completion credit:
Work Standards							
Sets high performance standards for self and work group	_	\perp		×		\Box	
Assumes responsibility and accountability for successful completion of job tasks Produces quality work which does not require re-work or supervisory follow-up	-	+			4	-1	
Volunteers for extra work or responsibility	╌	+	┥╸	Ĭ	-+	\dashv	
Job Quality/Knowledge	+	-1-	٠.	2		┽	
Completes job tasks in appropriate and professional meaner	+	_	_	Τ×Ι		-	
Performs job tasks efficiently	+	+	╅	뉛	-	ᅱ	
Properly operates and maintains vessel equipment	\top	╈	+	x	+	┨	
Takes necessary steps to ensure Product Quality is guaranteed	I			×		コ	
Understands job responsibilities and expectations				×	\perp	Д.	
Commitment/Motivation	上						
Supports Marine Transportation objectives, policies, and procedures		I		X			
Accepts and demonstrates the ability to adjust to a changing work environment	4.		-	×	Ţ	\Box	
Arrives on watch punctually and ready to begin Proactively solves problems without waiting for instructions	+	+	+	X	_	_	
	+			X		_	
Technical Knowledge & Skills Possesses necessary skills to complete job responsibilities	- -		,			_	
Demonstrates a willingness to learn new job tasks and apply them to the job	-	+		X		\dashv	
Capable of performing mechanical maintenance on job-relevant equipment	+-	┿	┿	X	+	\dashv	
Strives to improve job knowledge & performence	+	十	╁─	 	+	-	
Keeps current with work-related technological advancements	\top	1	1	X	+	┪	
Safety & Environmental				1 .,		十	
Complies with Marine Transporation and USCG safety policies and procedures	-	Т	T	x	Т	1	
Actively participates in safetylwatch change meetings				X	1	┪	
Wears appropriate PPE in all required settings consistently		$oldsymbol{\mathbb{T}}$		X			
Uses looks and equipment in a sale and proper manner Takes necessary precoutions to reduce the risk of accidents that may cause injuries to	\downarrow	\perp		х			
cither themselves or giety coworkers or expressing met may course whites to			1	$ _{\mathbf{x}} $	1		
Maintains clean, organized, and safe work environment	+-	十	1	χ	╁	┪	
Communication/Interpersonal Skills	T	'	1.			+	
Communicates information accurately and timaly	+	T	T	×	τ	-	
Reflects good public Image; nest appearance; courteous				X		1	
isions thoughtfully to others in order to understand problems and/or concerns	$oldsymbol{\perp}$			x			
Shows respect and appreciation for people with varied backgrounds, interpersonal styles, and perspectives					1	7	
Responds positively to feedback in an effort to improve individual performance	+-	╫	-	×	. -	-	
Leadership	┿	-			`	十	
rovides support and shares valuable work experiences with co-workers	┾	т-	_	- I	_	-	
lans & prioritizes effectively to accomplish tasks and goals	╫	╁╌	╢	×.	┿	-{	
fectively guides/instructs new hires, co-workers, contractors, etc.	+	1		x	╁╌	-	
romotes teamwork and supports fellow employees	\top	\vdash	П	X	1	1	
	1	2	3	4 1	N	i la	1 2 4 102 102 20
OVERALL RATING	Г		\Box	x		1	
uggested Areas of Improvement/Developmental Activities: Ryan has been rated a 4 in is current performance has not improved resulting to a 4 miles for mid-way 2004. De-	ndlea	ting	that	hls pa	rion	nanc	ce does not meet expectations in his 2013 year end approprial. After 6 months
troughout the past year to address performance Issues. Ryan needs to improve the olicies. If improvements are not met and poor performance continues to occur, it ma							
						,	Portation die Pathet Mesonices.
UPERVISOR: Mike Scott		-					
							Dale:
ort Captain / Port Engineer:							Date:
ept Manager (Oplional);							Date:
mployee Comments & Career Interests:							
							X.
	-	-				_	
APLOYEE:		Date	1			1	Be sure to sign AND date appraisal
			_			 	(Date Oispassed with Employee)
E REVERSE SIDE FOR INSTRUCTIONS AND RATING CLARIFICATIONS							colone for
SACILIANICA CINTERPORTATION CONTINUE CONTINUES						Troits	liais: Date: 7/7 4/14

Deckhand 1 Advancement Qualifications

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Marathon Marine Deckhand 1 Advancement Qualifications

Name: Ryan Ruddell
Date: 7-4-14

Tasks	Trainer's	
Demonstrate proficiency in line handling and maintenance:	Iniuals	Date
Identify leads		
Throw a single line	WP	7-3-14
Throw a two-part line		
Hit a timberhead from 10 feet with a single line	WP	1
Hit a timberhead from 20 feet with a two-part line		
Tie off on a cell through a line	INB _	
Operate a capstan line	INP	
Dog a line off on a timberhead	WP	
Dog a line off on a kevel	WP	
Make a bumper	WP	1
Weave an eye in a line	WP	
Demonstrate ability to wire tows without assistance;	WP	
Lead crew in wiring a block of four barges using breast leads and fore & aft wires	1,,10	
Wire loads to empties		7-3-14
Lay loose rigging	WP	W
Perform operation and maintenance on yawi/Zodiac:	UV t	
Perform maintenance checklist / West over Coduc Tex	lω	h-1/2/4
Perform maintenance checklist / West over Cofur Tig X Prepare yawl/Zodiac for launch / Telked obust paper Decedure Operate yawl/Zodiac / Telked ob Telked obust paper Decedure	WW.	7-4-14
Operate yawl/Zodiac / Talked about	IW.	W
Demonstrate proficient radio communication:	1 1 W	V Bullians
Assist Pilot House with lock navigation and tow building	WP	
Follows proper radio etiquette guidelines	WE	7-3-14
ssist Mate with conducting drills & SSP:	1001	
Lead SSP elements	(U)	
Assist with drill scenario development	0W	7-4-14 7-4-14
ssist Mate with administrative duties:		
Inventories		
Packet Pro	NA	
Vessel inspections	GU	
NS5/Tier 1		
dditional Requirements:	NA	90900000000
Perform VGP NPDES inspection unassisted	1.10	
Acquire a Tankerman MMD (required to be a Mate 2)		7-3-14
Able to perform transfers	WP	1
	الالا	ļ ļ
Hazwoper Technician Level certification	INP	

Marathon Marine Deckhand 1 Qualification Feedback Form

Swer 75%

Name: Ryan Ruddell Date: 7-4-14

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	Possible								
Trainers Guide Tasks	Points	Points Earned	Comments						
Line Handling & Maintenance	11	10	Areeds to work on Throwing Single fort Lin						
Wire Tows	3	3	J. J						
Operation & Maintenance on Yawl/Zodiac	3	2	needs to do more with Zaluse						
Radio Communications	2	2	THE WITH LED SE						
Assist Mate with Conducting Drills & SSP	2	1	Needs to Work on This						
Assist Mate with Administrative Outles	4	2	Needs to at More Treelund						
Additional Requirements	5	5	Total Control of the						
TOTAL	30	25	Score =87 %						
			100,1 45 %						
General Knowledge and Work Behaviors*	Possible Points	Defete F I	• #1						
Communication - follows directions; listens	Funts	Points Earned	Comments						
effectively; follows radio protocol	10	5	Champaters WOTE ON his						
Teamwork - works well with others; participates in			Communication Skills Needs to work with						
team activities	10	5	Matril Cooper						
Alaska Ethia			matericages. Wests to show more Trifiative for his job						
Work Ethic - reports for watch on time; shows nitiative and willing to learn; performs daily chores	4-	5	Instiative for his ido						
Practices good personal hygiene	10								
Table 9000 personal rivgiene	10)()							
Safety Commitment - follows ppe policy; maintains	i		*4						
situational awareness; uses proper equipment;									
participates in safety meetings and activities	10	10							
TOTAL	50	3.5	Score = 70 %						
xpectation minimum score 85%									
C. H. Ich St. 1994									
got a lot latter est working with vessel Crews, Meeds to Da									
bittention while in any meeting. Ryan has The Skills to do Line									
But he has to have the will to do this job. He wants to be a side									
got a lot better est working with 'vessel Crews. Meeds to Pan intertion while in any meeting. Ryan has The Skills to do this jelo But he has to have the will to do this jelo. He wants to be a start indeed Taylarman. But until the proves to the compount that he can de better of his backnown ide to don't Think if will happy.									
THE STATE STATE TO THE TON'T INTE IT WILL HAD .									

X Employee: Mate / Training Mate:

-Gaptain:

Date:

Date: Date:

"Work behaviors: 1st offense score drops to 5 pts, 2nd offense score = 0

Ryan Refused to Sign.